

FROM THE PRINCIPAL

Tullio Zavattiero - Principal

We have finally reached what must seem to many the end of a long term and an even longer period of remote learning. I would like to commend our students and staff for their perseverance during this challenging period, and parents/guardians for supporting and encouraging their children. It has been a journey we neither expected nor planned for, and I am very proud of how adaptable and resilient our students and staff have proven to be.

Many of us will no doubt admit to feelings of experiencing 'lockdown fatigue' but I do hope that the change of season, bringing with it better weather and new growth, as well as the positive trend in reduced COVID-19 case numbers, will translate to positive feelings and a renewed sense of spirit and hope in all.

Unless the advice changes, the earliest date we expect to have all our students return on campus at North Keilor remains 26 October. This is subject to health advice which is informing the State Government's roadmap out of restrictions and into a new 'COVID normal.' Any significant announcements will be communicated to parents/carers via Operoo (CareMonkey) as they come to hand.

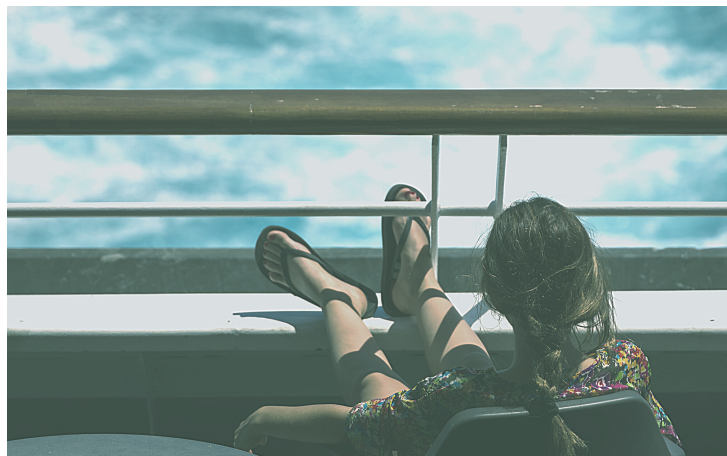
Whilst looking ahead, please note the following changes to dates in Term 4:

- **5 - 23 October:** Flexible/remote learning continues
- **21 (pm/evening) & 22 October (all day):** Parent / Teacher / Student interviews – more information will be provided next term
- **23 October:** Grand Final Public Holiday (moved from 25 September by State Government)
- **26 October:** Return to onsite, face to face learning – pending confirmation by State Government
- **20 November:** Normal school day (Year 10 Study Day cancelled, due to no exams in 2020)
- **23 November:** Normal school day (Year 9 Study Day cancelled, due to no exams in 2020)

Senior staff met this week to start looking at Term 4 and how best to support students to continue their learning journey through the rest of the year, as well as preparing, with optimism, for the reintegration of students back on campus next term. Staff have also begun to consider how we can still stage some of our key College events, e.g. Year 10 Graduation and Academic & Excellence Awards Night, given the COVID-19 restrictions mean they will not be held in the usual format. More information will be shared with students, parents and carers next term.

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PRAYER



A Prayer for Rest

The world seems to move faster and faster,
And I'm trying to keep up.
But God, in the whirlwind,
Instead I get caught up.

Like an unbeatable force it pulls me in,
But I know eventually I cannot win.

I must learn to rest in your perfect peace
And though good, let all endeavours cease,
Oh, that my feet would mimic your pace,
So your joy would be set on my face.

Help me, Jesus, to slow down when you would.
Help me, Lord, to rest as I should.

Thank you for loving me just as I am;
Thank you that rest is part of your plan.

Amen

Have a restful and relaxing term break everyone.

IN THIS EDITION

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IMPORTANT DATES

18 September	Term 3 Ends
5 October	Term 4 Remote Learning Commences
21-22 October	Parent/Teacher/Student Interviews
23 October	Grand Final Public Holiday
26 October	Proposed return to Onsite Learning TBC

NEWSLETTER

Catholic Regional College North Keilor

From the Principal, continued

School Fees 2021

I am pleased to update you on financial decisions made by the Federation College Council at our meeting this month.

Council Members acknowledged that many families are enduring financial stress as a direct result of COVID-19 and the impact that the restrictions are having on the economy. As has been indicated in previous communications from the College this year, there is support available for families through our financial assistance assessment criteria. Families experiencing genuine financial distress due to a loss of employment, reduced hours or business closure are encouraged to contact our Finance Department to discuss their fee situation and seek support. These enquiries are managed confidentially and sensitively.

In recognition of the financial hardship that many in our community are currently experiencing, the Federation Council and College Principals agreed not to raise School fees in 2021. This decision is a very significant one and is made in light of the outstanding efforts that the majority of families are making in contributing regular payments towards the cost of their sons or daughter's education.

After what has been perhaps the most unusual school term in our state's history, I offer my sincere thanks to all students, staff and families in the community of CRC North Keilor. This has been tough on us all, but our strength, and our spirit of co-operation and unity has emerged in spades, and I hope everyone is able to enjoy this holiday period in the knowledge that in faith, we are moving towards better days! I'm really looking forward to welcoming everyone back on campus early next term. Until then, take care!

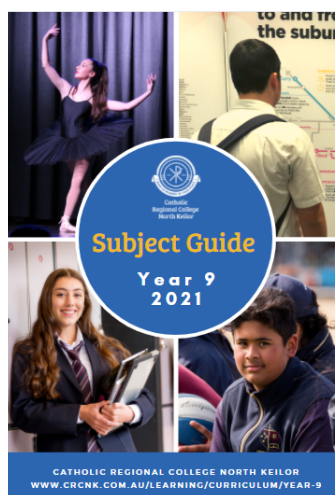
TEACHING & LEARNING

*Brendan Hallinan -
Deputy Principal Teaching & Learning*

The Year 9 into 10 Online Subject Selection has now closed and staff have been working on blocking subjects and assigning electives. Students will be notified of their CRCNK Electives and/or CRC Sydenham VCE/VET subjects in Term 4.

The process for Year 8 into 9 elective selection commenced this week. Please visit the Year 8 to Year 9 Subject Selection and Pathways Schoolbox page at:
<https://schoolbox.crcnk.vic.edu.au/homepage/2898/>

The page includes the Year 9, 2021 Subject Guide as well as live streams providing key dates and relevant information regarding subject choices. Choosing electives for the first time is a pivotal point in the education of our Year 8 students and I encourage families to support their child through this process.



IMPORTANT NOTICE FROM BRIMBANK COUNCIL - YEAR 10 VACCINATION PROGRAM

Under normal circumstances, Vaccination Nurses from the Brimbank City Council would visit the College to provide vaccinations for Year 10 Students. Due to COVID-19 restrictions the Council will be running a Vaccination session in the community this year.

This appointment based session allows the Council to follow Social Distancing rules, as well as limit the number of people entering the Vaccination venue. Vaccination sessions will take place on Wednesday 30 September, from 2 to 6pm at the Keilor Basketball and Netball Stadium, Stadium Drive, Keilor Park. Please follow the link provided to book an appointment: <https://www.trybooking.com/BLHJI> This information has also been sent by Operoo (CareMonkey).

Due to COVID-19 restrictions, it is requested that only one adult accompany their child to the immunisation appointment. Please avoid bringing extended family/carers to the appointment. Extra family members will be asked to wait outside of the venue. If your child, or a family member has come into contact with a positive COVID-19 case, feels unwell or develops symptoms including fever, cough, shortness of breath or breathing difficulties, please cancel your booking by contacting the Event Organiser. It is a requirement of entry for a mask to be worn at all times, and social distancing of 1.5 metres to be observed at all times while inside the building. After receiving their Vaccinations, students will be required to wait inside the venue for 15 minutes so as to ensure their health and wellbeing.







STUDENT WELLBEING

John Coshan - Deputy Principal Student Wellbeing

School Holiday Workshops and Study Sessions

The upcoming school holidays will look very different to previous years. COVID-19 restrictions mean that families will be unable to travel, and/or catch up with family and friends as they normally would. Please find below a selection of online workshops and study sessions offered by local councils to engage young people over the break.

CITY OF BRIMBANK ONLINE STUDY SUPPORT: A guide to local Study Support programs currently being offered across Brimbank: <https://brimbankyouth.com/study-support-in-brimbank/>

Program Online Homework Support					
Description In partnership with Equal Ed, run by tutors currently studying at university in various fields.					
					
Online	Open to all	No charge		Tuesday and Thursday from 4.15-5.30pm	Register here: https://bit.ly/EqualEdStudents Email: NHCCSocial@brimbank.vic.gov.au Phone: 9249 4555

WE GOT YOU ART THERAPY: No cost sessions for 11-17 year olds. Explore emotions, self-awareness, self-esteem and work on social skills through visual arts. Facilitated by Indigenous artist Ngardarb Francine Riches. Register to get your activity pack- pick up or delivery available. Via ZOOM on Thursdays 24 September and 1 October from 4-5.30pm. Phone 9249 4665 or email NHCCSocial@brimbank.vic.gov.au

SOCIAL ART SESSIONS: No cost for 12-25 year olds. Learn about different styles of art. Grab whatever you've got at home and get creative. These sessions will be facilitated by another young person and will be a space to socialise, connect and learn! Via ZOOM on Thursdays 24 September and 1 October from 5.30-6.30pm. Email phoenix@maribyrnong.vic.gov.au to register.

The BOLD Source Magazine Callouts: For 10-25 year olds. The BOLD Source team are looking to publish young people's creative works, both visual and written, relating to the theme Transformation / Metamorphosis. They want to see your opinion essays, short stories, poetry, drawings, photography, comics, and more! Interested in submitting? Email BYS at: bys@brimbank.vic.gov.au

ISOLATION CREATIONS: A series of workshops, performances and activities for you to watch and join from home! Showcasing local talented young people. New videos added regularly. Visit <https://www.maribyrnong.vic.gov.au/phoenix-youth-hub/Home> and: https://www.youtube.com/watch?v=cECu7Q5A1A&list=PLcAt2myqrAAft0sYDfnx7XAzyOspgBZn&ab_channel=CityofMaribyrnong

MUSIC CREATORS WORKSHOPS: No cost workshops for 12-25 year olds. Connect with music creators online. Share your music ideas and get advice from other music makers about lyric writing, song creation, producing and recording. Via ZOOM on Mondays 21 and 28 September from 5.30-6.30pm. Register via email at: phoenix@maribyrnong.vic.gov.au

L2R DANCE SESSION: No cost for 12-25 year olds. Participate in a high-quality hip-hop dance session with Daisuke, via ZOOM on Tuesday 22 September from 1-2pm. Register via email at: phoenix@maribyrnong.vic.gov.au

FRIDAY NIGHT LIVE. A no cost Interactive Music program facilitated by young people for 12-25 year olds. Via ZOOM on Fridays 25 September and 2 October from 6-7pm. Email: phoenix@maribyrnong.vic.gov.au to register.

WHAT HAVE OUR STUDENTS BEEN UP TO?

CRCNK Fitness Challenge

Luke Smith – Domain Leader, Health & PE



Beginning on 17 August and running across Weeks 5, 6 and 7 of Term 3 all students were invited to participate in the CRCNK Fitness Challenge as part of fulfilling their physical activity requirements within PE whilst in remote learning. The CRCNK Fitness Challenge was designed to give students an opportunity to check in on their overall fitness and then provide a platform for which they could engage in physical activity and promote some new or different motivations.

The Fitness Challenge asked students to select one, multiple or possibly all of the 5 various fitness exercises and complete them as instructed before submitting evidence of their performance to their PE teachers each Friday. This format enabled students to track their performance over the 3 weeks and hopefully reach individual goals or find improvements in specific areas of their fitness. Within the CRCNK Fitness Challenge students who performed with distinction were recognised. At the conclusion of the Fitness Challenge, particular students were recognised for either their excellent performance in the specific exercises, overall commitment during the 3 weeks or for their levels of improvement made during the event.

Students were separated into two groups for the Fitness Challenge, with students from Years 7 and 8 comprising a Junior Group. Across the 3 weeks more than 40 students submitted an entry for at least one of the fitness exercises, with more than 10 submitting entries for at least one exercise each week of the event. In the Intermediate Group, made up of Year 9 and 10 students, more than 30 students submitted an entry for at least one of the fitness exercises, with 10 of these students submitting entries for at least one exercise each week.

Thank you to the PE teachers for supporting this event as you encouraged and motivated your students. Well done to those who got involved. We look forward to recognising the following individuals and presenting the awards when we are together back at school.

Junior Group – Years 7 and 8

- 2km run – William Abbriano (7:57)
- 1 min Sit Ups – William Abbriano (50)
- 1 min Push Ups – Kyle Zahra (61)
- Consecutive Juggling – Nicholas Xavier (88)
- 1 min Skipping – William Abbriano (156)

Most Committed

Marcus Jackson, William Abbriano and Talia Caiazzo

Most Improved

Leann Goveas (Improving 2km run to 8:41)

Intermediate Group – Years 9 and 10

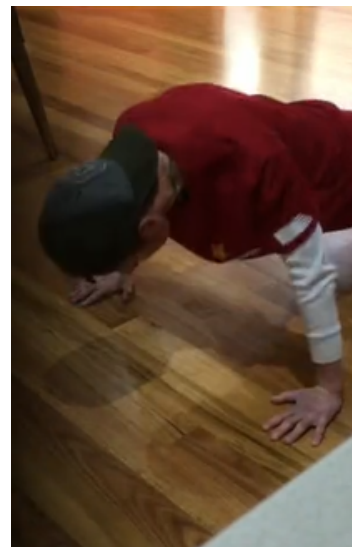
- 3km run – Joseph Mamone (11:12)
- 1 min Sit Ups – Massimo Iuele (58)
- 1 min Push Ups – Karessa D'Cruz (70 – from knees) Adharsh Jayan (43)
- Consecutive Juggling – Simon Mabic (104)
- 1 min Skipping – Dean Mastramico (175)

Most Committed

Kiana Jackson (15/15 entries across the 3 weeks)

Most Improved

Isabel Hrvatin (Improving from 2 to 60 consecutive juggles with 3 balls)



WHAT HAVE OUR STUDENTS BEEN UP TO?

National Computer Science in Schools (NCSS) Competition

Nathan Tomic – Domain Leader, Digital Technologies



NATIONAL
COMPUTER SCIENCE
SCHOOL



GROK
LEARNING



Australian
Computing
Academy



THE UNIVERSITY OF
SYDNEY

As part of the Digital Technologies curriculum all students in Years 7 and 8 competed in the NCSS competition running over 5 weeks during this term. The competition is run by GROK Learning in association with the Australian Computing Academy and the University of Sydney. This year there were more than 12,500 students from across Australia and the world competing in the divisions that our students were involved in and more than 25,000 across the entire competition. Students worked through programming lessons in both Blockly (visual) and Python, solving weekly challenges along the way.

Ms Clark, Ms Murihy and I are very proud of the work and persistence shown by students both in and out of the 'classroom' during this competition. If you haven't already, speak to your son or daughter in Years 7 and 8 about how they went. They can download their certificate now as a PDF and we will distribute the official certificates once they arrive and we are back onsite.

I would like to especially congratulate the following students who achieved exceptional results during the competition.

Newbies Stream using Blockly Coding:

Sebastian Moyano	Year 7	90%	High Distinction
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Beginner Stream using Blockly Coding:

Monique Bonello	Year 7	100%	Perfect Score
Talia Caiazzo	Year 7	100%	Perfect Score
Vaughan Catubig	Year 7	100%	Perfect Score
Milana Chetcuti	Year 7	100%	Perfect Score
Kate Fernandes	Year 7	100%	Perfect Score
Dino Francis	Year 7	100%	Perfect Score
Connor Muscat	Year 7	100%	Perfect Score
Nathan Siomos	Year 7	100%	Perfect Score
William Abbriano	Year 7	99.75%	High Distinction
Sienna Briffa	Year 7	99.25%	High Distinction
Jessica Camilleri	Year 7	99.25%	High Distinction
Isabella Cassar	Year 7	99.75%	High Distinction
Hayley Duff	Year 7	99.25%	High Distinction
Nikki Galdes	Year 7	99.75%	High Distinction
Ryan Gauci	Year 7	99.25%	High Distinction
Edan Gregory	Year 7	99.75%	High Distinction
Kyle Huang	Year 7	99.25%	High Distinction
Marcus Jackson	Year 7	99.75%	High Distinction
Apollo Pete	Year 7	99.5%	High Distinction
Lucca Randello	Year 7	99%	High Distinction
Ethan Scollo	Year 7	99%	High Distinction
Lara Simic	Year 7	99.75%	High Distinction
Jack Zakic	Year 7	99%	High Distinction
Talisha Galea	Year 7	98.5%	High Distinction
Nicholas Xavier	Year 7	98.25%	High Distinction
Giovanni Schepis	Year 7	98%	High Distinction
Alayna Denkel	Year 7	97.5%	High Distinction
Sienna Grima	Year 7	97.5%	High Distinction
Emma Bosevski	Year 7	96%	High Distinction
Salena Cao	Year 7	92.5%	High Distinction
Michael Faraj	Year 7	92.5%	High Distinction
Lachlan Gilmore	Year 7	90%	High Distinction
Zoe Reichstein	Year 7	87%	High Distinction
Bailey Mulcahy	Year 7	85%	High Distinction

Beginner Stream using Python Coding

Isabella Alquiza	Year 8	100%	Perfect Score
Alannah Asarpota	Year 8	100%	Perfect Score
Isabelle Atkinson	Year 8	100%	Perfect Score
Ella Bailey	Year 8	100%	Perfect Score
Monique Bonello	Year 7	100%	Perfect Score
Toby Boorman	Year 8	100%	Perfect Score
Tara Broughton	Year 8	100%	Perfect Score
Charlotte Cannard	Year 8	100%	Perfect Score
Ryan Clare	Year 8	100%	Perfect Score
Hayley Duff	Year 7	100%	Perfect Score
Matiesse Gercovich Dodorico	Year 8	100%	Perfect Score
Leann Goveas	Year 8	100%	Perfect Score
Kiana Jackson	Year 9	100%	Perfect Score
Noah Kline	Year 8	100%	Perfect Score
Alexa Muraca	Year 8	100%	Perfect Score
Chelsea Muscat	Year 8	100%	Perfect Score
Carlo Puzon	Year 8	100%	Perfect Score
Tamara Vigneto	Year 8	100%	Perfect Score
Jennifer Williams	Year 8	100%	Perfect Score
Sienna Zeine	Year 8	100%	Perfect Score
Angelique Basile	Year 8	99.75%	High Distinction
Madeleine Cini	Year 8	99.25%	High Distinction
Anthony Garcia	Year 8	99.75%	High Distinction
Jai Krnac	Year 8	99.75%	High Distinction
Gabriella Nedelkovski	Year 8	99.75%	High Distinction
Sienna Romanos	Year 8	99.25%	High Distinction
Luka Zakic	Year 8	99.5%	High Distinction
Talia Arthur	Year 8	98.75%	High Distinction
Eliza Argetto	Year 8	97%	High Distinction
Gabrielle Lamicela	Year 8	97.25%	High Distinction
Olivia Castello	Year 8	95%	High Distinction
Lucas Arena	Year 8	92.5%	High Distinction
Chelsey Fenech	Year 8	90%	High Distinction
Fiona Nguyen	Year 8	90%	High Distinction
Sienna Kishta	Year 7	89.75%	High Distinction
Alexander Jablonsky	Year 8	85%	High Distinction

WHAT HAVE OUR STUDENTS BEEN UP TO?

Year 9 Audeamus – Call to Action

Moira Mullan – Audeamus Coordinator

This Term, Year 9 students have commenced work on their Audeamus **Call to Action** projects.

Students are challenged to act on a social issue and determine how they can make a difference towards that issue.

Samantha Petersen, Ryan Ciacic, Aiden Neskov and Luke Taylor are campaigning for Envision Australia's recycled bottle cap projects and have produced a graphic to promote this cause.

Harrison Bezzina has opted to focus on mental health and below provides students with different strategies to aid them if they are struggling with remote learning.

Call to Action projects will continue into Term 4.



Mental health towards your schoolwork in lockdown.

Has constantly being in lockdown make you feel stressed, anxious, alone and possibly miserable? If you are, take a look through these strategies to help you during this troubling period. It is normal to feel that way during these times but just remember there is always a strategy to help with those feelings.

Possible strategies:



1. Take a break

It is always helpful to take a quick break to get your mind off work. Having a break might clear your mind and make you feel better about the work.

2. Email your teacher

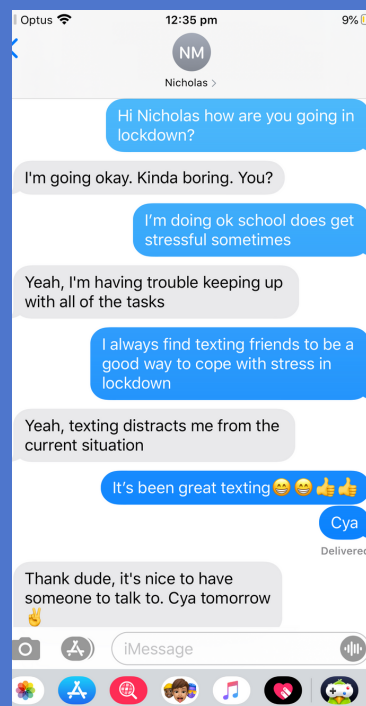
Teachers are always there to help you if you need it. Emailing a teacher about feeling overwhelmed or stressed could help you out a lot with your work.

3. Text some Friends

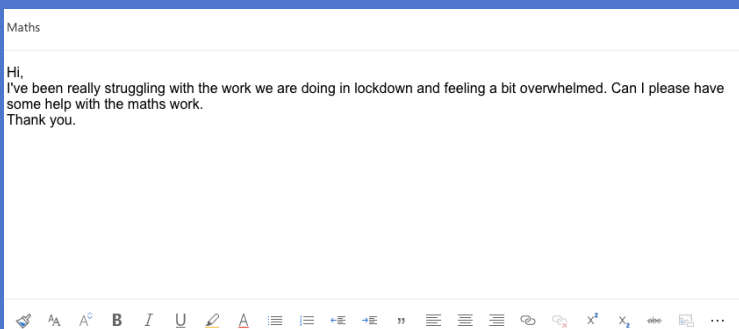
We are all in these tough times together so you might not be the only one feeling stressed. Texting a friend about something you both like could be a good technique to get your mind off stress.

4. Meditation or other relaxation

Sometimes mediating or relaxing could be a great way to release any stress you hold. A little bit of both and you should just take your mind off work and enjoy yourself for a bit.



We are all in these very tough times together and remember that your mental health is very important. Following these strategies can release stress and anxiety and make you feel happier towards your work in lockdown.





Catholic
Regional College
North Keilor

YEAR 7, 2022

Enrolment Update
August, 2020



CHANGES TO ENROLMENT TIMELINE & REQUIREMENTS

Due to COVID-19 Restrictions, the dates for submission of applications and enrolment timeline has been extended:

- 9 October 2020 – Applications close
- 1 December 2020 – First round offers posted
- 15 December 2020 – final date for acceptance

The Signature of the Parish Priest is NOT REQUIRED for Year 7, 2022 applications.

Application forms should be scanned and emailed to: office@crcnk.vic.edu.au
or, posted to: CRCNK, PO Box 40
Taylors Lakes VIC 3038

VISIT CRCNK FROM THE COMFORT OF YOUR HOME

While we are unable to welcome you to the College at this time, we invite you to meet the Principal, our students, and view our facilities online. Please visit the College website www.crcnk.com.au to view the following videos and more:

- Meet the Principal & Virtual Tour: www.crcnk.com.au/ourcollege/virtual-tour
- Year 7, 2020 Students & 2019 Highlights: www.crcnk.com.au/enrolment/year-7-2022
- A Sneak Peak of our Facilities: www.crcnk.com.au/enrolment/facilities



For further information please contact:
Samantha Beg, College Registrar:

Telephone: 9361 5904 Email: enrol@crcnk.vic.edu.au

2020 Year of Compassion

'The Lord is good to all; He has compassion...' Psalm 145:9