

FROM THE PRINCIPAL

Tullio Zavattiero - Principal

Stage 4 restrictions

Our way of operating through this pandemic continues to evolve as Stage 4 restrictions now take effect. I continue to be impressed by the resilience and adaptability of so many in our school and wider community. During these uncertain times, I sincerely hope this newsletter finds your family safe and well.

Term 3 has started well and anecdotal feedback so far is that the introduction of Microsoft Teams Meetings within lessons has been really helpful and facilitated an improved sense of connection amongst students and teachers in many classes.

At the College we are mindful that there is a delicate balance between providing much needed structure to students to continue their learning journey, and ensuring they feel well equipped to pace themselves and manage their wellbeing. Our Wellbeing Team are looking to conduct a short online survey of all students next week to gather data on how they are tracking, what is working, whether improvements can be made, etc.

Our College remains open but we have scaled back staff onsite further, as students onsite have also reduced in light of the changes under Stage 4 restrictions. Whether our staff are onsite or working remotely, we remain available to our school community. You can call on 9361 5900 or access particular assistance through support tiles on Schoolbox.

Continued Page 2

Our **Annual Report to the School Community** for 2019 is now available on our website at:
www.crcnk.com.au/ourcollege/publications

You are encouraged to read about the important work undertaken and achievements attained in 2019



PRAYER

PRAYER FOR ESTABLISHMENT DAY

Most Holy Trinity,
We thank you for the rich history of Catholic Regional College North Keilor.
We trust and believe that you have led us here to share our story,
To develop and use our gifts,
To be formed in faith,
And to become bearers of your peace in our world.

We thank you for blessing us with our education here at CRCNK.
We thank you for the facilities and resources you have provided for us.
For the curriculum and programs which have been developed for us.
For the leaders, teachers and all the members of staff who work so hard that we may continue to learn and grow.
For our friends and peers which enliven our days and accompany us on our journey during our time at the College.

Despite the challenges we are facing with COVID-19,
may you continue to instil hope in our hearts and trust in you.
Reminding us always that you are journeying with us.
Help us to remember that we as a College are a Community,
That we may continue to support and pray for one another.
God the Father, Son and Holy Spirit, in your communion remind us that regardless of distance we remain united and connected as we celebrate the establishment of CRCNK.

Amen

IN THIS EDITION

Page 2	Teaching & Learning
Page 3	Faith Matters
Page 4	Wellbeing
Pages 5-6	A History of CRCNK
Pages 7-10	What Our Students Have Been Up To

IMPORTANT DATES

7 August	Student Free Day; Staff Planning Day
26 & 27 August	P/T/S Interviews - Postponed
18 September	Term 3 Ends

Happy Birthday – CRC North Keilor

Yesterday, we would have been celebrating our 38th anniversary of the establishment of our College (actual date – 10 August). In previous years, this would have truly been a day of celebration with Mass followed by a barbecue lunch and a variety of enjoyable activities in the afternoon.

How different it is this year. Nevertheless, we have marked this special occasion with an address to students during our Connections Check-in yesterday, outlining our proud history and including a video message from the Archbishop of Melbourne Peter Comensoli extending his best wishes to us.

CRC North Keilor was founded in 1982 as a Year 7 to 10 Co-educational College to educate youth from the surrounding parishes. We are proud to be an inclusive, faith community that welcomes and values all the students, families and staff of our College.

Our College community comes from a great variety of cultural backgrounds. The wonderful sense of multi-cultural spirit and inclusion is symbolic of all that the College stands for and represents. All are welcome, valued and celebrated.

The world becomes smaller and smaller and we remain united in faith, never more so than right now. With Jesus as our role model, we continue to embrace our core values of Faith, Compassion, Resilience and Respect as constant reminders of the journey we travel on, and the people we are striving to be.

An important message from the Deputy Principal – Teaching & Learning, Brendan Hallinan

Parent Teacher Student Interviews Postponed

After careful consideration by senior leadership at the College, the decision has been made to postpone Parent/Teacher/Student (PTS) interviews until Stage 4 restrictions ease.

The current Stage 4 restrictions places a significant burden on many of our teaching staff and families, making it difficult to conduct PTS interviews when we are living and working remotely. The tightening of restrictions means that College staff cannot be onsite in large numbers.

To this end, teachers will be producing an Interim Report on student progress during this term and will focus on providing student feedback reflecting their Growth Habits. Parent Teacher Student Interviews will be rescheduled when Stage 4 restrictions are lifted, hopefully early in term 4.

Interim Reports will be released to families on Monday, 31 August.

Establishment Day Celebrations Through The Years



1982 – 20 Years



2012 – 30 Years



2017– 35 Years



2019– 37 Years

FAITH MATTERS

Phoebe Mondares – Director of Faith & Mission

Establishment Day

Around this time every year, we celebrate the Establishment Day of Catholic Regional College North Keilor. This year marks the 38th year since our College opened on 10 August 1982. This year we find ourselves amid unprecedented times with COVID-19, which has made it difficult to move ahead with our usual celebration of Establishment Day Mass and afternoon festivities.

Nevertheless, we are all still invited to celebrate this occasion as a school community by reflecting on our humble beginning as a College and being grateful for how we have grown as a school community.

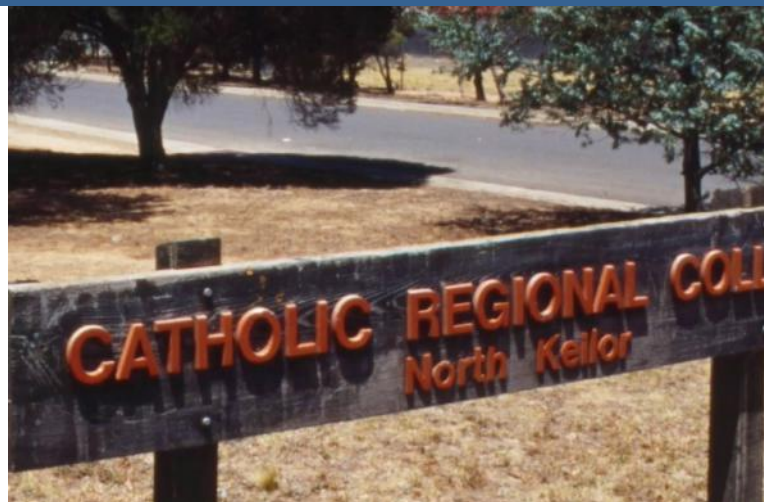
Our Archbishop Peter Comensoli was due to celebrate the Eucharist with us this year. As this is not possible, we are still fortunate to have the Archbishop extend his well wishes to the students of CRCNK in the form of a video message. Archbishop Comensoli will instead join us next year in celebrating our Establishment Day Mass.

Where it all began:

Father John O'Reilly had a vision to make Catholic education available to the families in the western suburbs. This led to discussions with Bishop Joseph O'Connell and the Parish Priests of the area and soon after the Catholic Regional College Federation came into being. CRC St Albans and CRC Sydenham were the first to exist. Then Father John O'Reilly along with Mr John Kennedy and Sister Sylvia Williams (first Principal of CRC St Albans) saw a further need to build a third Year 7-10 College in the Keilor area. By 1980, the site on which Catholic Regional College North Keilor now stands was finalised. By 1981 the first Principal (Mr Bernard Dobson) and Vice Principal (Sr Veronica Lonergan) were appointed.

In the beginning, not everything ran according to plan and problems arose when the school building was not commenced until January 1982, only a month before the College was due to open! This problem was overcome with the co-operation of the newly completed Sydenham Campus. When the College opened in it occupied three classrooms and a small office area at Catholic Regional College Sydenham. Despite not having its own building the College began successfully and quickly developed an identity and tradition of its own. The students and staff commenced their first day at the North Keilor site on the 10 August 1982. This day is now celebrated annually as 'Establishment Day.'

Please visit **Schoolbox** to view a video message from Archbishop Peter Comensoli saved in the Faith & Mission Tile: <https://schoolbox.crcnk.vic.edu.au/homepage/2581>



WELLBEING MATTERS

John Coshan - Deputy Principal, Wellbeing and Susan Henry, Director of Student Services

Reminder: Reporting an absence during flexible and remote learning period

- Missing a lesson: The student/parent must contact the subject teacher via email and inform them that they will not be in class.
- If a student is going to be absent for the whole day, the parent/guardian must ring the College Absence line by 11am on 9361 5900 and include the reason for the absence. A message can be left outside school hours.
- If a student is away for a longer period of time parent/guardians are asked to contact their child's Student Wellbeing Coordinator.

Important notes

- If a student is absent from a class(es) it is expected that where possible the set work will still be completed. The student must check the Subject page on Schoolbox.
- If a student has a double session, they must be logged in for both lessons.
- If a student logs onto the class after the roll has been taken, they will be marked as Late.
- Students that log into a class after it has finished will be marked as Absent.
- Parents are expected to respond to the 11am text message (if their child has not logged on and there was no absence notification from a parent/guardians) by contacting the Front Office on 9361 5900.

Subsequent to text messages going out, if we cannot speak with the primary carer (parent/guardian) then we will work our way through emergency contacts, and if we are still unable to ascertain the whereabouts of the student we will record that we have had no response on our attendance records.

COVID-19 Support – DHHS and beyond blue resources

It is important to look after your mental health during the coronavirus (COVID-19) pandemic and recognise the feelings of anxiety and concern many people may be experiencing during this time. DHHS (Department of Health and Human Services) website is full of useful resources.

<https://www.dhhs.vic.gov.au/mental-health-resources-coronavirus-covid-19>

Visit the website to explore what's available, which includes:

- Tips for staying calm and healthy
- Staying positive
- Staying connected
- For those in self-isolation or quarantine

- Conversations with children and young people
- For Victorians aged 17–25
- Conversations with older Victorians
- Who to call to get help
- Resources

There are also a number of videos with helpful advice from beyond blue, clinical psychologist Dr Michelle Lim and Lifeline Australia that can be found on the website. These include:

- Dealing with loss of control
- Support and kindness
- Social isolation
- Routine
- Source trusted information

Tips for staying calm and healthy

In terms of your physical health, the most important thing you can do is maintain basic hygiene, in particular, frequently washing your hands with soap and using hand sanitiser.

For your mental wellbeing, there are a number of things you can do:

- Maintain a healthy diet, exercise and sleep regime.
- Talk to loved ones about worries and concerns.
- Engage in hobbies and enjoyable activities.
- Be prepared – ensure you have enough food, supplies and medication on hand. Ask for help collecting these items where possible.
- Avoid or reduce your use of alcohol and tobacco.
- You may feel stressed listening to the news, so make sure you receive information through trusted and credible sources, rather than social media. Make sure one of those sources is specific to your state. This will help you feel more in control. If you can't access the Internet, have a friend or family member read to you or show you the most up-to-date information from credible sources

Advice and support from beyond blue

Website www.coronavirus.beyondblue.org.au

Coronavirus Mental Wellbeing Support Service

This website will be regularly updated with information, advice and strategies to help you manage your wellbeing and mental health during this time. And you can stay up-to-date by joining our email community. If you are feeling worried or struggling to cope with isolation.

beyondblue offer:

- Phone Support Service: Call 1800 512 348 to talk directly with one of their counsellors, they will provide support based on your specific needs.
- Web chat support service: Trained counsellors are available to provide support 24 hours a day, 7 days a week.

A HISTORY OF CRCNK

Theresa Smith, Archivist

Father John O'Reilly was authorised in February 1981 to ascertain the need for Catholic secondary education for boys and girls in the local western suburbs area. Driven by a desire to provide a Catholic secondary education for them, Father O'Reilly pushed forward with plans to establish a third Year 7-10 College on the windswept plains of Keilor North. A principal was appointed, Mr Bernard Dobson, and a Vice Principal, Sr Veronica Lonergan, along with eight other staff.

Permit delays and the late confirmation of a government grant meant that the two school buildings that formed Stage 1 were not likely to be ready in February 1982. This led the new students beginning their education onsite at CRC Sydenham instead. The students moved to the North Keilor site on 10 August 1982, which is how we came to commemorate our Establishment Day.



HOMEBASE GROUPS:

Teachers wanted to link the College to the history of the area, Mary Carrol (original staff) and Bernard Dobson, proposed that the Homebase Groups be named after historical figures:

- **DOWNING** - Keilor's first Parish Priest between 1854 and 1862, Father Matthew Downing
- **MOORE** - Father James Moore; Parish Priest between 1862 and 1875 under whose direction St. Augustine's Church was completed and blessed in 1863;
- **NELAN** - the last resident Parish Priest of Keilor, Father Denis Nelan;
- In 1983, the fourth group was named **GOOLD** after Archbishop Goold, the first Bishop of Melbourne from 1848 to 1886, under whom the Parish or "mission" of Keilor was founded.
- There are now six Homebase groups with the addition of **LONERGAN** after Sr Veronica Lonergan, and **O'REILLY**, after Fr John O'Reilly.



SPORTS HOUSES:

To continue the link with the parishes the Houses were named after the parishes involved with the establishment of the College.

- **MacKillop**: Was initially named Carmel House, after the parish of Our Lady of Mount Carmel in Sunbury, until Salesian College in Sunbury was established and those primary students from that school no longer came to North Keilor. Carmel House then become MacKillop, after our new feeder school St Mary MacKillop, Keilor Downs.
- **Christopher**: After St Christopher's, Airport West
- **Paul**: Named after St Paul's, Kealba
- **Augustine**: Added in 1984 and named after St Augustine's, Keilor

STUDENTS:

91 Students were enrolled in the first intake back in 1982. Fast-forward 38 years, and we see a very different College. There are 644 students and 86 staff in 2020.



History of CRCNK Continued

BUILDINGS:

In 2019, to represent our history and identity we formally named and blessed our major buildings. The name of each holds a special significance to the journey of CRCNK.

Fr John O'Reilly Building - A Block (Administration)

Fr John O'Reilly works tirelessly for others and gave his all to give life to the Federation schools. We are forever thankful for all he has done for the CRCNK community, and it was our pleasure to name A Block, the home of the staff, the centre of the mission, in honour of him.

St Mary MacKillop Wing - B Block (the Art / Science / Technology centre of the school)

Aptly named after the first Australian saint, Mary MacKillop was a teacher known for her faithfulness, generosity, bravery, compassion, holiness, righteousness, her strong will and independence. This building is a centre of much practical, applied learning and as such, the St Mary MacKillop Wing is a fitting name for this facility.



Bernard Dobson Centre - C Block

As the founding Principal of the College, Bernard led the way with great hope and faith, knowing each small step was laying the foundation for the next one, and always believing in the great possibilities that lay ahead. It is fitting the first building established on our property, the first classrooms and place of learning, be named in honour of, Bernard Dobson.

Simon Wonga Wing - D Block

In 1851, with a vision for his people, Simon Wonga officially became the leader of the Wurundjeri people. He had a deep understanding of the ways of the European people. Simon Wonga is in many ways a symbol of journey and growth, both of an individual and of a community of people. Traditionally, D Block is where our Year 7 students begin most of their learning at CRCNK, and it is in this spirit that the College name this area in honour of Simon Wonga.

Sister Veronica Lonergan Learning Centre

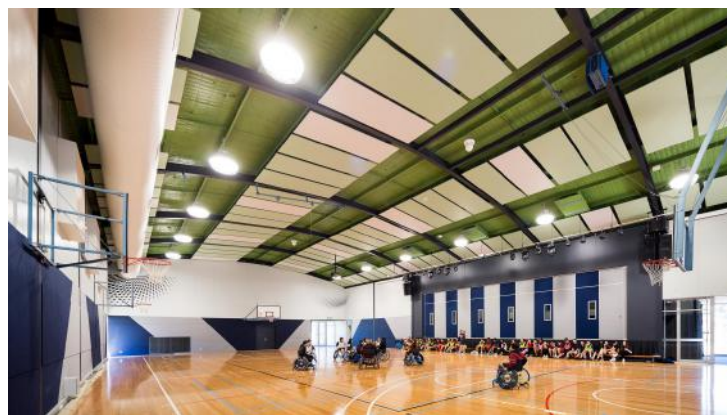
The College Learning Centre was named in honour of Sr Veronica Lonergan in 2011. Sr Veronica was the College's founding Deputy Principal and was dedicated to Catholic education. Her name is synonymous with all that is good about CRC North Keilor and she was instrumental in establishing the central character, spirit and mission of the College.

St Francis Chapel

St Francis was a voice and role model for peace, and his life and example challenges us to live up to our school motto to be 'bearers of peace'. At Catholic Regional College North Keilor, our College prayer is the prayer of St Francis, and hence a constant reminder of the role model and guidance that St Francis offers us. Our Chapel is the foundation of all that we are as a College, and where our four core college values begin to have life in the journey of all students and staff.

The John Arthurson Auditorium - Multi Purpose Hall

In opening the refurbished Hall in 2019, we took the opportunity to name this wonderful space The John Arthurson Auditorium in honour of our highly respected and immensely popular former principal. John led the College for 11 years as principal from 1995 to 2005. John represented family, fun, friendship and community and this new auditorium is a genuine place of gathering that enables us to experience community and connection.

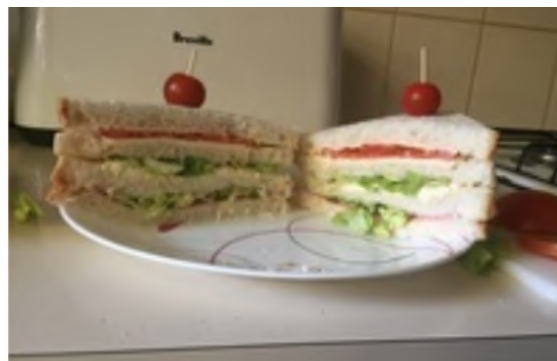


WHAT HAVE OUR STUDENTS BEEN UP TO?

Food Technology, Year 7 and 10

Sue Coyle, Class Teacher

Food Technology students have been kept busy in the kitchen during the remote learning period. This week, the Year 10 Fabulous Flash Foods class created their own ricotta cheese and pasta from scratch. They then used their pasta to cook Pan Fried Ravioli in Burnt Butter Sage Sauce. Delicious!! Year 7 students enjoyed building Skyscraper Sandwiches with a variety of fillings.



WHAT HAVE OUR STUDENTS BEEN UP TO?

8O'R Religious Education – Creative Writing, The Pentecost

Robert Herrera, Class Teacher

Students in 8O'R have been learning about the Pentecost. What is Pentecost? The day the apostles were filled with the holy spirit and the 'Church' officially began. Students were tasked with writing a short creative piece about Pentecost, as if they were present.



I was making myself comfortable as deafening noise coming from above struck us like thunder. Abruptly, a flame planted itself above mine and my fellow apostles' heads, levitating. It was beaming with a bright light and rich in holy spirit.

I stood there, gobsmacked, not able to move and simply, admiring the sight. I could feel some sort of rush coming over me like a strong wave.

At this moment I was reassured that God kept his promise of giving us a gift. This was it. It enabled us to speak a different language! Once we informed others it took some persuading as they personally believed we were all bad drunks, which was complete nonsense as it was so early in the morning. But those who were believers repented their sins, were baptised, and joined us to pray together as a group.

It was truly a blissful day!

Tamara Vigneto

Me and other Jews from all over the world were at Jerusalem for the Feast of Pentecost. Everyone who was there including Jesus' disciples and his followers were waiting for the gift that Jesus promised us.



While we were waiting God's gift finally arrived, it began with a sound that quickly filled the room where we were waiting in.

Next, something that looked like flames appeared on everyone's heads and God's spirit filled everyone in the room which made us talk different languages we didn't know they could speak. We were all so amazed and couldn't believe it.

Sarah Azzopardi



Today was the day, God has sent down the holy spirit.

It was just our usual day us believers gathered in a small room and waited for the holy spirit our gift to be sent down on us. Out of nowhere a big gush of wind came flowing through sending shivers down our spines, as we look up at each other every person had some sort of flame sitting on top of their heads.

As they left our heads we were able to speak in every language in Jerusalem. We ran out to spread the good news that the gift of the holy spirit had been sent down to us. The town were in shock, Peter managed to convince the town that it was all God's doing and if you wanted the gift you shall be baptised under Gods name. More and more people started to come to our gathering and pray with us, share meals and we started to become one. It was the most remarkable thing to ever happen on this earth!

Anais Cioccia

WHAT HAVE OUR STUDENTS BEEN UP TO?

Year 10 Community Service

Melissa de Sieno, Class Teacher

As the restrictions around COVID-19 continue and we moved to Stage 4 this week, Community Service students once again reached out to the local community, writing letters of support to our local Police. The class were happy to receive a reply acknowledging their kind words.



Dear Victoria Police

I just wanted to write this letter to say thank you for protecting our communities during this unusual time.

Following the 8pm curfew being introduced my Dad and I were pulled over on our way home from work and asked why we were out and even though we had a legitimate reason for being out it was good to know that you were out there making sure people weren't doing the wrong thing.

Keep up the good work and thank you for your service.

**From Austin Mamone
Catholic Regional College North Keilor
Community Service Student**

Dear Keilor Downs Police Station

I'd like to start this off with saying I feel sorry for you guys because of the whole COVID-19 outbreak and people not following the rules. I feel sorry for you guys cause you guys gotta make sure and keep everyone in line to protect Australia, and you still also have to worry about crime and criminals in general. I'd like to say thank you for protecting me and my family and also my friends.

From Tino Casa
Catholic Regional College North Keilor,
Community Service Student

Dear police officer,

I am a student at Catholic Regional College North Keilor. My name is Dominique. I study a subject at school called community service which is about helping out others in the community and making an impact on their lives. It teaches us how to be selfless and to be grateful for what we have and for all the workers out there like yourself.

I am writing to you to tell you that you are one of the strongest people out there. Being a police officer is a very tough job and I feel as if you don't get enough recognition. Police officers have an immensely hard job and are treated not the best always. You are very selfless and caring to continue doing this job.

You help crime get off the street and make sure that other people's life is not at risk while you are risking your own life. Thanks to you, people have been saved and lives have also been saved. You create a change in the community and for the better. Your field of work is much tougher than most other jobs as you are not only trying to stop crime, but you are putting yourself at danger.

Thank you for being such a generous person especially in times like these. Your job is just as important as those who work in hospitals or areas with sick patients. Thanks to you, people are staying indoors rather than spreading the virus. Your job is vital in times like these as people will make dumb decisions and leave the house.

I hope that your family and you are staying safe and healthy during this pandemic. This pandemic is not easy for any of us but with your help more people's lives will be saved. I hope that you continue to do all the hard work that you have already done. You are truly one of the heroes in this world. I appreciate and thank you for that.

Thank you for all the hard work you do in this world, everyone really appreciates it. Police officers need more credit during this time especially right now for all the hard work. I want to thank you again for all the hard work you put into your job and put into keep this world a safe and happy place.

Kind Regards,
Dominique
Catholic Regional College North Keilor
Community Service Student

Thanks Melissa

Could you please pass on my gratitude for their letters and I know all my members appreciate it. We will continue to be out there, looking after the public and making sure everyone is doing the right things. We are here to support everyone during these tough times and we are always here if you or any of your students need anything.

Take care and stay safe

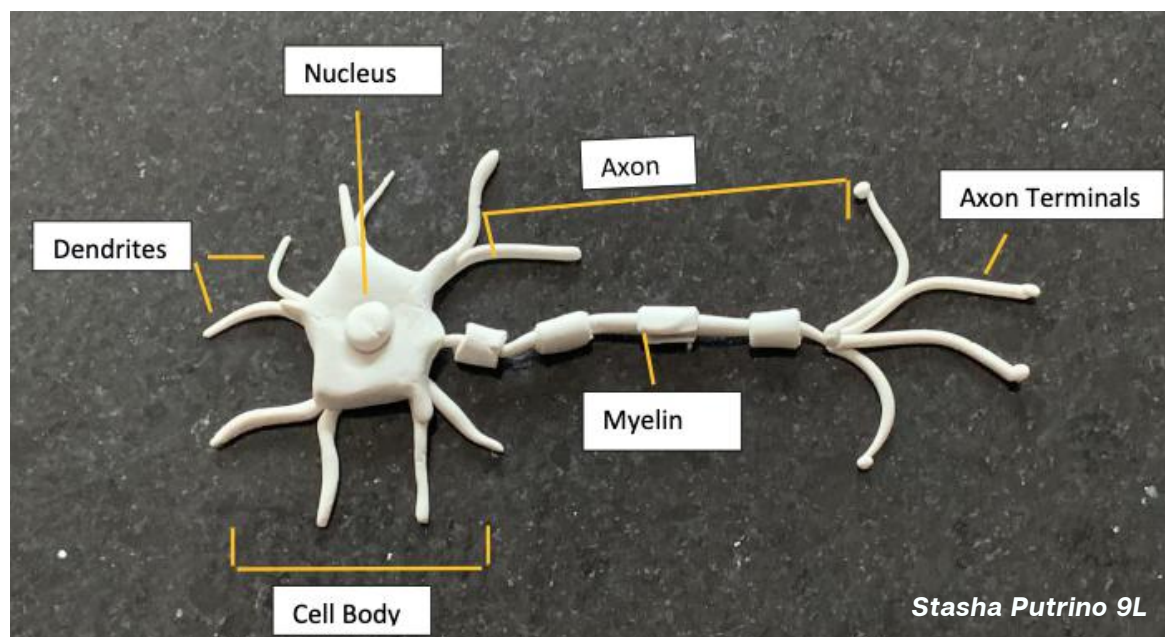
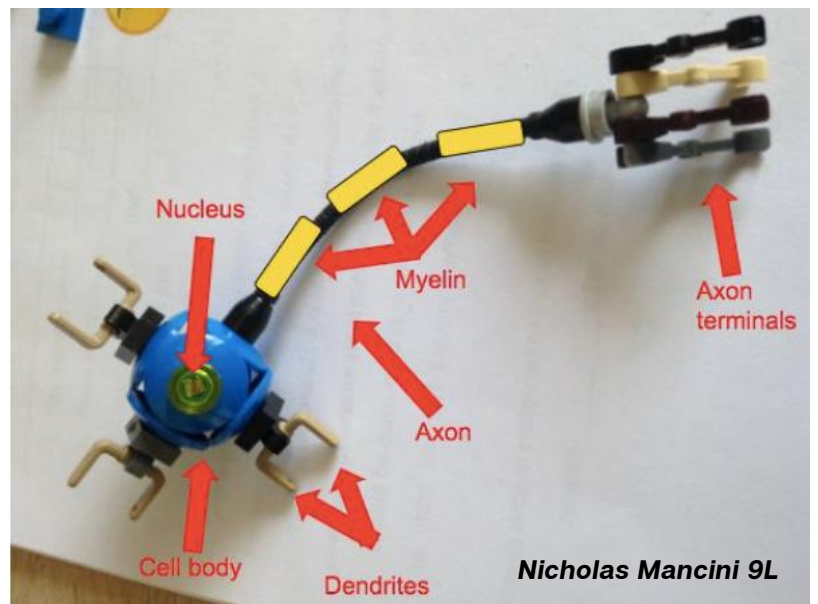
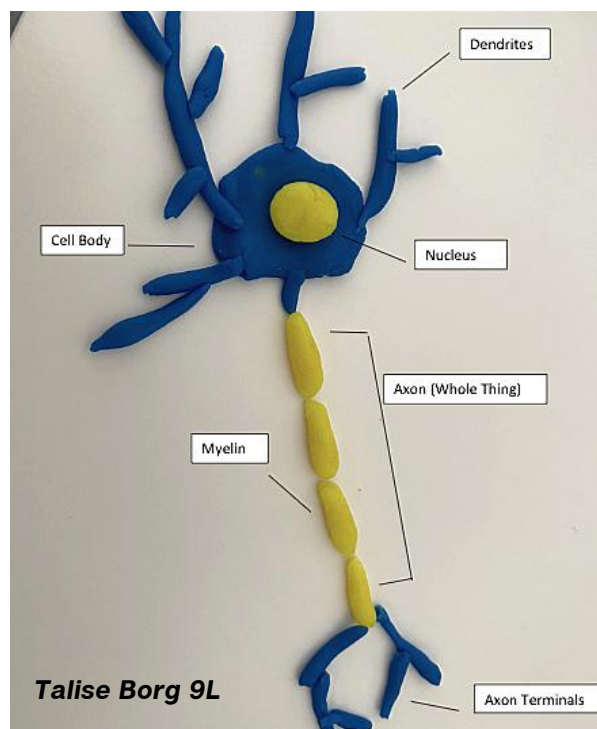
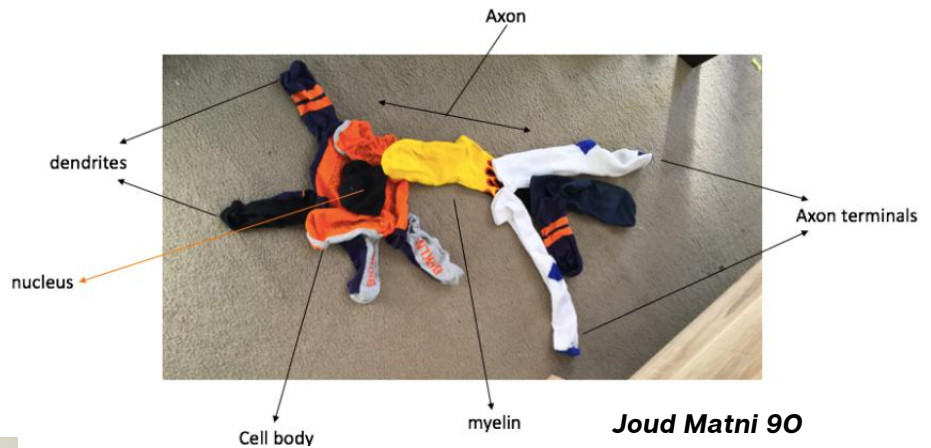
Matt
Matt Weir, Acting Senior Sergeant
Keilor Downs Police Station

WHAT HAVE OUR STUDENTS BEEN UP TO?

Science – Neuron Models

Natalia Susanty, Class Teacher

During Science Lessons, Miss Susanty's Year 9 students were challenged to create a model to demonstrate their knowledge of the structure of a Neuron. Students used their knowledge, imaginations and a variety of objects at home to express their understanding.





**Catholic
Regional
College
Sydenham**
EST.1982

postal address PO BOX 2192 Taylors Lakes 3038
college address: 380 Sydenham Road, Sydenham 3037
telephone: 9361 0000 facsimile: 9390 2096
www.crcsydenham.net
abn: 22 394 397 639

Faith Seeking Understanding

Year 11 2021

COURSE SELECTION INTERVIEWS WEDNESDAY 19 AUGUST 2020

On Wednesday 19 August, final Course Selection Interviews for Year 11 2021 will occur.

Your student will be currently working with their College through the course selection process.

It is essential that at least one parent/guardian attend the Course Selection Interview, as we will cover specific course selection and confirm your child's course.

Details are as follows:

- Interviews are to be booked from Thursday 6 August – Friday 14 August via the following link - <https://www.trybooking.com/641720> - **CRC SYDENHAM - YR 11 2021 COURSE SELECTION INTERVIEWS**
- Times available are from 9.00am – 6.00pm.
- Interviews will be no longer than 15 minutes.
- A confirmation email from Catholic Regional College Sydenham – Classof2022 will be sent advising of the Zoom Link required to access the interview.

Please ensure you have returned your Subject Levy – Payment Options form to Catholic Regional College Sydenham by **Wednesday 19 August 2020**. If you do not have a form please refer to the College website – www.crcsydenham.net – Class of 2022 where all paperwork is available.

A Catholic co-ed college offering VCE, VCAL & VET		About Us	Learning & Teaching	Our Community	Join Our Community
Home / Join Our Community / Class of 2022					Overview
Class of 2022					Class of 2022

Courses cannot be finalised until all paperwork has been completed and returned.

If you have any queries please do not hesitate to contact Gina Zumbo, Principal's PA – Enrolments officer at the College via email – Classof2022@crcsydenham.net

Thank you
Class of 2022 Transition Team

Every Student Every Pathway



[\(crcprincipal\)](#) [@sydenhamcrc](#)
[/crcsydenham](#) [/crcsydenham](#) [/CRCSydenham](#)