



## FROM THE PRINCIPAL

### *Tullio Zavattiero - Principal*

Welcome to the first newsletter for 2020. It's been a busy start to the year, including our first whole school assembly held on Thursday, 6 February, during which we welcomed former student Minh-Hoa Nguyen. It was great to invite her back to the College to address students on what it takes to achieve success. Minh-Hoa achieved outstanding VCE results last year and was the Dux of CRC Sydenham.

We held our Opening Mass on 11 February, celebrated by Fr Maurie Cooney, with the commissioning of our Student Leaders for 2020 immediately following Mass. It was a joy to mark this occasion in the recently refurbished John Arthurs Auditorium and to gather with parents/guardians and student leaders over lunch.

Student Representative Council (SRC) elections were held this week and I congratulate the successful candidates appointed to these positions. They will join the rest of the student leaders and undertake leadership training this coming Monday, 17 February.

This year we welcomed 168 Year 7 students to the College. I thank Michelle Falzon, Student Wellbeing Coordinator, Year 7 Homebase Teachers, and teaching and learning diversity team staff for all the preparation they have undertaken to facilitate as smooth a possible transition for our new students, ably supported by the Wellbeing Team. The students are settling in well but naturally it can be a little nerve-racking starting secondary school, so on 11 March, Michelle Falzon will lead a Change and Transition 'Continuing the Journey' Workshop.

On Thursday, 27 February, Year 7 students with their families are also invited to, **'We're Glad You're Here'**, an event to welcome them to the College, where they can meet one another in a social setting whilst enjoying a barbeque dinner and fun entertainment. Please RSVP via the CareMonkey invite sent earlier this week.

On behalf of the staff and other students in the College community, I would also like to warmly welcome the following new students at Years 8 to 10 this year:

- Year 8: Olivia Braid, Emma Camilleri, Gisele Inguanti and Mitchell Thomson
- Year 9: Christian Demian, Kyria Fiamengo and Anna Tran
- Year 10: Jorja Atkins, Zac Cwikowski, Angelina Maker and Austin Mamone

*Continued page 2*

## PRAYER

### *In search of compassion*

Loving Father,  
As we try to become more compassionate people, help us to attend to our own suffering, especially that which defines who we are. As we look at the suffering face of Jesus help us to reflect on our spiritual journey and in doing so not judge our self too harshly so that we do not do the same to others.

Throughout your life, there were times when you sought the stillness after a busy day. You went looking for solitude to pray to God the Father. In the midst of your growing popularity Lord, you showed us that we too need the Father's strength and guidance to allow us to accomplish His purpose. Allow us to find this stillness in our lives so that we can better serve you and others.

You showed us how we need to care for the downtrodden, the outcasts and the unclean. You showed us the importance of compassion and that all people, irrespective of their circumstances, need to be respected and valued for who they are.

Help us to model our lives on you Jesus and learn to be people who serve others just as you served us. Help us to recognize our interconnectedness as human beings, the importance of self-compassion in order to be truly able to love our neighbours, and a clear understanding of our own spiritual life so that we are not coloured by distorted judgement.

We ask this prayer through you our compassionate Lord,

Amen

## IMPORTANT DATES

17 February	Student Leadership Training Session 1
21 February	House Swimming (Competitors Only)
24 February	SACCSS Golf
25 February	Shrove Tuesday
26 February	Ash Wednesday - <b>Parents welcome to Mass in Chapel at 12.45pm</b>
27 February	Year 7 Families Welcome Evening
3 March	Parents & Friends Meeting 7pm

## FROM THE PRINCIPAL (continued)

Thank you to parents/guardians who attended our Information Evenings this week. One way to ensure the year starts well is to be across key information about new procedures, expectations and initiatives, including **Schoolbox** (new Learning Management System in 2020), **Growth Habits** (new in 2020), and **Accountability Sessions** (formerly called 'detention' – there are changes this year). Anyone unable to attend will receive an information pack, which has been sent home with your child. You will also receive an email from your child's Homebase Teacher to confirm you have received the information pack and to answer any questions you may have about the material provided.

As is customary with the beginning of the new year, I would like to highlight the important issue of Safety at the Front Gates When Dropping Off/Picking Up Students. The practice of using the staff carpark, collecting/dropping off children inside the grounds, and stopping in the first or second driveways, is NOT permitted as it is a major safety risk for our students. A number of buses enter the College via this second gate and hundreds of students are entering/exiting the College using the pedestrian crossings. Therefore, this area must be kept free of additional vehicles.

Please note: If a student has a medical condition or exceptional circumstances, which warrants them unable to be dropped off/collected from outside the College, then as long as prior permission has been granted, a parent/guardian can utilise the carpark out the front of the Administration Building. Any such requests should be put to the Director – Student Services, Mrs Susan Henry, via email at shenry@crcnk.vic.edu.au.

Looking ahead to next week, the CRCNK House Swimming Carnival will take place on Friday, 21 February, however, it will be a modified program – so only competitors will be taken to the pool in the afternoon. Normal classes will run at the College.

Each year the College Leadership Team meets prior to students and staff returning to undertake some strategic planning and determine key focus areas for the next 12 months. At the Parent Information Evenings this week, I spoke about 'Our best hopes' at CRCNK. As a College, we are committed to the following:

### **CONVERSATION, EMPOWERMENT, GROWTH**

**We are a faith community committed to a positive culture of personal and collective growth; where all are valued, supported and empowered to flourish through respectful conversations**

This permeates throughout our community – it is in our interactions with each other through the home-school partnership that exists between staff and students, staff and parents/guardians; and extends to student to student, and staff to staff. We can achieve much by having open, positive and authentic relationships with each other. Our focus is always on challenging, supporting and guiding our students to grow and be who God calls them to be.

God bless you all throughout 2020.

## STUDENT LEADERSHIP 2020

### *John Coshan - Student Leadership Coordinator*

On behalf of the College community I would like to acknowledge and congratulate our Student Leaders for 2020.

We wish them all the success in leading our student body and being a voice for their peers.

#### **College Captains**

Reshaiah Ratnayake and Christian Pino

#### **College Vice Captains**

Isabel Hrvatin and Joshua Nagendran

#### **Liturgy Captain**

Jaiden Calleja

#### **Faith Team**

Audrey Cao, Xavier Conte-Scott, Karessa D'Cruz,

Tayla Gorman and Rhiannon Zito

#### **Social Justice Captain**

Ria D'Souza

#### **First Nations Ambassadors**

Hannah Brne, Claire Forbes and Jye Muscat

#### **Communications Captains**

Caitlyn Abbriano and Lachlan Vigneto

#### **Performing Arts Captains**

Angelique Naidu-Barallon and Gia Vamvakas

#### **Visual Arts Captains**

Brooke Condron and Liljana Fedcesen

#### **House Captains**

Hannah Brne and Wasim Mirham (Augustine)

Vivienne D'Souza and Jason Rastocic (Christopher)

Jessica Tedesco and Brandon Micallef (MacKillop)

Erika Bellard and Claire Forbes (Paul)

#### **Student Representative Council**

7D – Kyan Nagendran

7G – Jessica Camilleri

7L – Hayley Duff

7M – Jack Zakic

7N – William Abbriano

7O'R – Apollo Pete

8D – Anthony Naguib

8G – Vienna Nguyen

8L – Mikaila Nasta

8M – Alannah Asarpota

8N – Alessia Bacchin

8O'R – Tamara Vigneto

9D – Taila Gold

9G – Natalie Farrugia

9L – Ryan Pereira

9M – Nathan Walsh

9N – Christian Camilleri

9O'R – Tiana Boeddu

10D – Jewel Sagario

10G – Kyara Zahra

10L – Sarah Kirk

10M – Caitlyn Abbriano

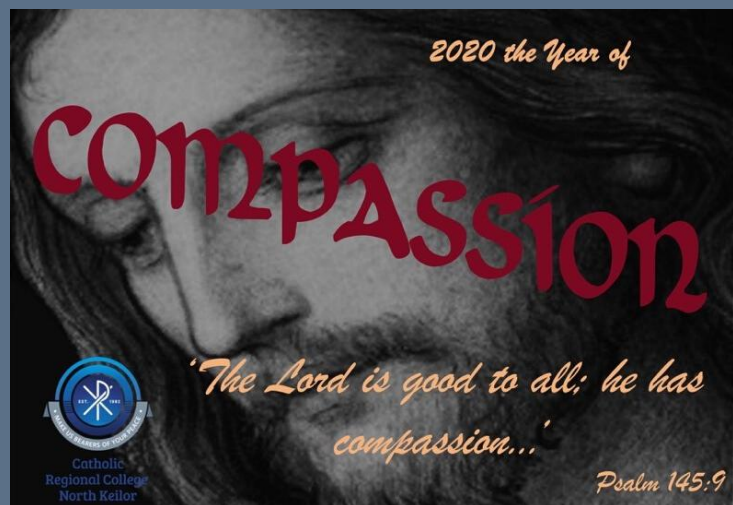
10N – Nicholas Camilleri

10O'R – Tia Lautier



## FAITH MATTERS

*Moira Mullan – Director of Faith & Mission*



Four core values underpin all that we do, think and say at Catholic Regional College North Keilor. These values are: Faith, Compassion, Respect and Resilience. Our focus for 2020 is Compassion.

When enacted, compassion is a quality that is beautiful to behold. It is not always easy to define but it does have a huge impact on someone in need. To come to some appreciation of what compassion is we turn to the writing of St Paul, in a letter to the Colossians. Paul tells us that a genuinely compassionate heart is filled with kindness, humility, meekness and patience. In living out these qualities, one does so for the betterment of others and in those times of discord, there is unconditional forgiveness just as the Lord forgives us.

The face of Jesus is central to our understanding of compassion. The Bible provides us with many stories that illustrate the compassionate deeds and love of Jesus for others. In the Gospel of Mark, Jesus tells us that he must suffer many things. He would be rejected by many, even those closest to him and that he would suffer, die and rise. Knowing what he was to face Jesus did not turn away from humanity and those closest to him. Instead he showed his compassion in many ways. For example, there were times when he wept for others, sometimes he rebuked people for what they said or did, and there were times when he deliberately stopped and took time to heal those suffering or to simply make the vulnerable and the rejected feel good about who they were. In all that he did and said, Jesus was filled with compassion.

In a world where we can easily get caught up in the busyness of our own life, we are asked to place our trust in Jesus, be open to what we were created for and be open to his love. In doing this we are all invited to be a light in our world, making God known through our actions. Through our acts of mercy and compassion we reach out to the poor and oppressed with care, understanding and forgiveness that reflects the love of God for everyone. We do not turn away from those things that challenge us to be better people. We are invited to reach out and not exclude others and avoid causing physical, spiritual and emotional hurt to others, in our school community, neighbourhood, the wider community and the world. Our challenge is to end violence, hatred and all evils as we work to transform our world by living and building the reign of God in the here and now.

## 2020 OPENING MASS

Our Opening School Mass was held on Tuesday 11 February in the John Arthurson Auditorium.

The celebration of the Mass formally introduced our core value of Compassion for the 2020 school year, as well as our Year 7 students, to the school community. Our Masses are central to all that we do and believe so it is always a joyful occasion to publicly and collectively express our faith in community. Seeing the school community sharing their faith as one is a humbling experience and a credit to all.

An important facet of life at Catholic Regional College North Keilor, is the recognition we give to the traditional owners of this land. In support of this, we open our gatherings with an Acknowledgement of Country and at the Opening Mass we are proud to say that it was said by one of our First Nations Ambassadors, a new leadership position in the College. We also had the pleasure of Dan Richards displaying his skill as a didgeridoo player.

The success of these occasions relies upon the work of a team of staff and students and I would like to take this opportunity to collectively thank everyone involved. That said, I would like to single out Father Maurie Cooney and thank him for his presence, ongoing work and support of what we do within our school community.

Thank you again to everyone for helping to make our Opening Mass a beautiful experience for all.

Photos of the Mass are included on Page 7 of this Newsletter.



### HELP PLEASE, SKILLED SEWERS NEEDED

An important part of the Faith experiences at the College is our Easter liturgy at the end of Term 1. The liturgy involves the participation of a number of students dressed in costumes to suit their role. This helps to create the right atmosphere.

As hiring of costumes or buying what we need is far too expensive, I am seeking assistance from parents, carers and friends who are skilled sewers and are willing to help us out.

If you think you are able to help, please contact Mrs Mullan at the College by either phoning, coming in for a chat or emailing [mmullan@crcnk.vic.edu.au](mailto:mmullan@crcnk.vic.edu.au)

Your support would be greatly appreciated.

## WELLBEING

### *John Coshan - Deputy Principal student Wellbeing*

Parenting Ideas, an online resource for parents, is hosting the **FUTURE PROOFING YOUR CHILD** webinar on Wednesday, 18 March from 8-9pm. As the College subscribes to Parenting Ideas, CRCNK parents/carers are able to access this webinar at no cost.

Award-winning speaker and bestselling author, Nikki Brush will teach parents what to expect and how to support their kids to thrive in the future world of work in a century characterised by disruptive change that is turning our world upside down.

Jobs aren't just changing, whole industries are ceasing to exist. The scripts for success are being rewritten on a daily basis in our families, at work and in life.

Key learning and discussion points include:

- Key trends that are changing the world
- Frameworks for future-proofing children
- Highlighting the X-factors for success
- Explaining the role of school in a changing world
- Helping parents to set realistic and relevant parenting goals

To find out more visit: <https://vimeo.com/376706791>

Further information about the webinar is attached to this Newsletter.

**Future-proofing your child: 18 March 8-9pm AEDT**



Watch from any device, any location

See the expert as they speak

Catch up recording available

Valued at  
\$37 per person

**\*FREE for CRCNK Parents**

parenting\*ideas

[www.parentingideas.com.au](http://www.parentingideas.com.au)



### *RESTORING RESILIENCE*

#### **TUNING INTO TEENS**

*PROVEN, AFFORDABLE, ACCESSIBLE,  
INFORMATIVE AND LIFE CHANGING*

Get support to manage teen behaviour and see real changes between you and your teen.

The goal of this workshop is to support parents, to learn strategies to manage difficult teen emotions and behaviours, increase awareness and understanding, bringing harmony to the family.

As a TAFE industry trainer for over 30 years and a family/teen Psychotherapist, I have delivered this program to over 100 parents with results as evidenced by parent testimonials. This course, developed by Melbourne University, is highly acclaimed and evidence based.

#### **COURSE DETAILS**

Day/night online classes to choose from. 6 x2 hour sessions for \$40 per session, only \$20 per hour!

Please call Phyllis to discuss couple discount.

**For all enquiries or bookings please contact Phyllis Traficante: 0412 306 965**

[www.restoringresilience.com.au](http://www.restoringresilience.com.au)



## WHAT HAVE OUR STUDENTS BEEN UP TO?

### COMMUNICATIONS CAPTAIN REPORT

*Lachlan Vigneto - Communications Captain*

***Tuesday, 11th February was a busy day at the College.***

We commenced the day by going to our designated Houses for House Meetings. We discussed what the Swimming and Athletics Carnivals would entail.

The House Captains introduced themselves to the Houses for the first time and had some words for their Houses. We then proceeded to split up into our gender and age groups where we worked out who would participate in which race for both the Athletics and Swimming carnivals.

We then attended our first Mass of the year. We began things by welcoming all the Year 7 students to our College, as this was officially their first Mass. Father Maurie held our first 2020 Mass.

Once the Mass was officially over, we commissioned our Student Leaders for 2020, presenting them with badges.

The Student Leaders then went to have lunch with their families in the Collaborative Space to top off a great day.



### YEAR 10 COMMUNITY SERVICE

*Melissa de Sieno - Community Service Teacher*

On Wednesday, 12 February the Year 10 Community Service class went out for their first volunteer experience.

We went to St. Peter and Paul church drop in centre. We spent the day preparing food for homeless people, sorting out parish donations, serving and chatting to people who dropped in and gardening.

*"Today was an unexpected and inspiring day. It was really fun talking to people and also cleaning out the parish hall". Najet, Dominique and Harrison, Year 10*





# NEWSLETTER

Catholic Regional College North Keilor

## YEAR 7s FIRST DAY

On Friday 31 January, CRCNK welcomed a full cohort of 168 Year 7 students to begin their journey at the College.

The students spent the day familiarising themselves with the College, their Homebase Teachers and classmates.





# NEWSLETTER

Catholic Regional College North Keilor

## OPENING MASS

The 2020 College Opening Mass was held on Tuesday 11 February in the John Arthurson Auditorium.

Mass was celebrated by Fr Maurie Cooney. Following Mass the 2020 Student Leaders were commissioned and presented with badges before enjoying lunch with their families.





# NEWSLETTER

Catholic Regional College North Keilor



## Catholic Regional College North Keilor



# Year 7, 2022

## Enrolment Information Evening

6.30pm, Wednesday 18 March

John Arthurson Auditorium  
Catholic Regional College North Keilor  
1c Santa Monica Drive, Keilor Lodge

2020, The Year of Compassion

'The Lord is good to all; He has compassion...' Psalm 145:9



## College Tours

Bring your child to a College Tour to:

- Meet the College Principal
- Visit classes in action
- Chat to Enrolment Staff and Student Leaders
- Share Morning Tea

### Term 1 Tour Dates

Tuesday 25 February	TOUR FULL
Thursday 5 March	9.15am
Friday 13 March	9.15am
Tuesday 24 March	9.15am

### Twilight Tour prior to Information Evening

Wednesday 18 March	5.30pm
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Bookings essential. Book at:

[www.crcnk.com.au/enrolment/college-tours](http://www.crcnk.com.au/enrolment/college-tours)

## Enrolment Timeline

**Monday 3 February, 2020**  
Year 7, 2022 Applications Open

**Friday, 21 August, 2020**  
Applications Close

**15 October, 2020**  
Offers posted to families

**6 November, 2020**  
Final date for Acceptance

For more information contact:

Samantha Beg, Community Liaison Officer

Email: [enrol@crcnk.vic.edu.au](mailto:enrol@crcnk.vic.edu.au)

## Cairnlea Community Hub



Kids Programs

## Starting Out in Filmmaking for Young People

New 12-17 years

Day Saturday  
22 February

Time 2:00-4:00pm

No Charge.

Bookings Required.



Learn about the different roles involved in making a film, what you need to make your first film and how to get ahead of the competition when applying to study film at TAFE and University.

This information session is for young people enrolled in years 7-12 of secondary school.

Phone 9249 4800  
Email [cairnleacommunityhub@brimbank.vic.gov.au](mailto:cairnleacommunityhub@brimbank.vic.gov.au)  
59 Cammody Drive, Cairnlea, 3023  
[cairnleacommunityhub.org.au](http://cairnleacommunityhub.org.au)

Office hours:  
Monday, Wednesday and Friday  
9.15am-12.45pm



## 1 ON 1 MATH TUTORING

**SEBASTIAN MORRIS, A FORMER CRCNK STUDENT, CURRENTLY STUDYING COMMERCE AT MELBOURNE UNIVERSITY, IS AVAILABLE TO TUTOR YOUR CHILD.**

**IF YOUR CHILD NEEDS ASSISTANCE WITH MATHEMATICS, DO NOT HESITATE TO CONTACT SEBASTIAN**

**ON 0448 700 944**

**OR VIA EMAIL AT:**

**[SEBASTIAN.MORRIS.SM@GMAIL.COM](mailto:SEBASTIAN.MORRIS.SM@GMAIL.COM)**





YOU'RE INVITED TO JOIN THE

# CRCNK Parents & Friends

The CRC North Keilor Parents & Friends Association are seeking new members. Parents & Guardians are encouraged and welcome to join this inclusive, social group to help organise events, activities, FUN-draising and FRIEND-raising for the CRCNK community. Meetings are held once a month during Term time.



## WHY JOIN THE PARENTS & FRIENDS?

When our children go to high school, we lose connection with the school (we're only allowed to pick up and drop off, (our kids don't want us anywhere near the school – "it's just not cool"), and so we also lose information about our children's friends and our own friendships with other parents. I found the Parents & Friends Association (P&F) a great way to meet other families from our College Community and to be informed of all the planning and events. The P&F at CRCNK has a wonderful mix of parents willing to share their 'experiences', such as what to expect when your child starts high school, what happens at camp, etc. High school was just as daunting for me as it was for my Year 7's.

When the Leadership/exec group of the College need the feedback of parents, they ask the P&F group. We get to 'have a voice' on different ideas to be implemented at the College and be part of a decision making process that will affect our children and our College. The 'meeting' part of the group is about an hour, once a month and is held in a very professional but friendly manner. The Leadership group share with the P&F all the major events taking place at the College, often in more detail than in the newsletter (or what your child will tell you) and in the case of a Sports Day, Camp, etc, photos from the events are shared with the P&F. So as a P&F member, you have the advantage of 'being in the know' about events and changes at the College; whether it be a new subject being offered in the curriculum, building of a new area/building, etc.

Fundraising is the fun part of the P&F. We take on various activities to raise money so we can contribute back to the College, items which would not normally be included in the school budget. Such as: the new recycling bins currently being installed, the 'hang out' area in the Learning Centre, Twilight movie night for the Yr 7s, the Reptile Terrarium, etc. It's great to know you've been a part of attaining these additional items and activities that benefit our children with bonus of getting to spend time with various parents while carrying out the activity, like the 2nd Hand Uniform sale, the Bunnings' barbeque or wrapping Easter baskets.

I highly recommend being a part of the P&F, it made me feel very 'connected' to the school while my two boys were at CRCNK and I've made some terrific friends along the way, both in the staff and other parents. I hope you enjoy it as much as I did.

*Teresa. G, P&F Member 2013 – 2018*

**Join us for our first meeting on Tuesday 3 March at 7pm in the Collaborative Learning Space**

Meet other parents, chat with the Principal, Deputy Principals, School Development and Community Liaison Officers. Enjoy a cheese platter and a glass of wine

Please contact Samantha Beg, Community Liaison Officer if you would like to find out more about the P&F. Email [sbeg@crcnk.vic.edu.au](mailto:sbeg@crcnk.vic.edu.au) or phone 9361 5904



# Upcoming Webinar for Parents

This school has a membership with Parenting Ideas, one of Australia's most trusted sources of parenting education and support. As part of this membership, all the parents in this school community can attend some fantastic webinars in 2020 at no cost. We're pleased to let you know about an upcoming webinar.

## Future-proofing your child: 18 March 8–9pm AEDT



Watch from any device, any location



See the expert as they speak



Catch up recording available

**Valued at  
\$37 per person**

### Webinar Overview

This century is characterised by disruptive change that is turning our world upside down. Jobs aren't just changing, whole industries are ceasing to exist. The scripts for success are being rewritten on a daily basis in our families, at work and in life. In this webinar Nikki Bush teaches parents what to expect and how to support their kids to thrive in a future world of work.

Key learning and discussion points include:

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- Frameworks for future-proofing children
- Highlighting the X-factors for success
- Explaining the role of school in a changing world
- Helping parents to set realistic and relevant parenting goals



[View video overview](#)

parenting\*ideas



## Presenter Overview

Nikki Bush, an award-winning speaker and bestselling author, helps individuals and teams to win at life and work. Inducted into the Professional Speakers' Association of South Africa Speaker Hall of Fame in 2019 Nikki is the first woman to receive this lifetime achievement award.



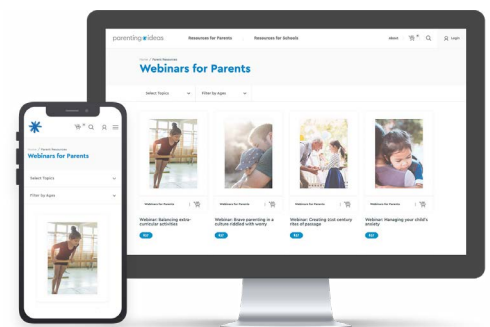
Nikki is a best-selling author of several books including *Easy Answers to Awkward Questions*, *Tech-Savvy Parenting*, and *Future-proof Your Child for the 2020s and beyond*.

## Redeem your webinar – it's easy!

To redeem your webinar click this link:

[www.parentingideas.com.au/parent-resources/parent-webinars/webinar-future-proofing-your-child](http://www.parentingideas.com.au/parent-resources/parent-webinars/webinar-future-proofing-your-child)

- Click 'Add to cart'
- Click 'View cart'
- Enter the voucher code FUTURE and click 'Apply'
- Enter your school's name to verify your eligibility. The \$37 discount will then be applied.
- Click 'Proceed to checkout'
- Fill in your account details. These are the details you will use to login to your account and access your webinar and resources
- Click 'Place Order'



This offer is valid until 18 June 2020. If you're unable to make the broadcast time, just register anyway and you will get access to the recording.

## Articles for Parents

On the Parenting Ideas website you can also view and receive helpful articles to support your parenting journey.

Read up on topics such as:

- Resilience
- Siblings
- Bullying
- Positive Parenting
- Digital and Social Media
- Behaviour
- Confidence
- Friendships
- Anxiety
- Girls
- Boys
- Learning and Education



Visit [www.parentingideas.com.au/blog](http://www.parentingideas.com.au/blog) to access today.