

FROM THE PRINCIPAL

Tullio Zavattiero - Principal

With the COVID-19 (coronavirus) pandemic dominating news bulletins and social media, I would like to reassure the College community that CRCNK is well prepared. Parents and guardians should have received a letter from me via CareMonkey on Thursday evening providing a detailed update on the latest information regarding COVID-19 (copy also attached to the Newsletter).

Key points to note are:

1 - The Catholic Education Commission of Victoria Ltd is providing the latest advice from the Australian and Victorian Chief Medical Officers ensuring that our practices are helping to keep our school community safe from the outbreak.

2 - Detailed planning is underway, again under the guidance of CECV and the Department of Health and Human Services, to prepare procedures in the event of a school closure.

If a school closure is necessary, students will be able to continue lessons remotely due to our new Schoolbox learning management system. Should such an arrangement need to be enacted, parents/guardians and students would receive separate procedural advice.

3 - **FOR FAMILIES PLANNING TO TRAVEL OVERSEAS DURING UPCOMING HOLIDAY PERIODS:** Anyone planning to travel overseas during the school holidays is asked to provide me with their travel dates and destination/s via email to principal@crcnk.vic.edu.au

The risk of a student or staff member contracting the virus whilst at school is very low. Nevertheless, additional precautionary measures have already been put in place at the College as follows:

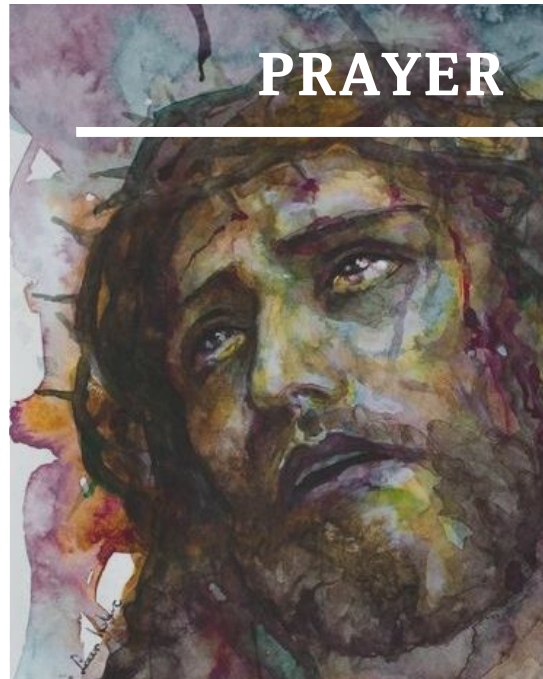
- Additional hand sanitizers have been placed in high traffic areas, with a further order placed for additional bottles to allocate to each classroom once available
- Our cleaning staff have increased their cleaning regime, including wiping down key touch points such as door handles and undertaking additional cleaning of toilets during the day
- Posters promoting good hygiene have been placed in classrooms, toilets and other communal areas
- A review of all excursions and off site activities is currently being undertaken. Decisions on whether events will proceed are being made on a case-by-case basis and parents/guardians should keep an eye out for CareMonkey notifications providing further clarity.

We are living in uncertain and somewhat unsettling times but I do ask everyone to remain calm, keep informed, and pray for the frontline medical staff, the scientists searching for a cure, and those who are most vulnerable to the virus. This is a time for compassion and patience with our fellow members of society.

In more positive news, during the past two weeks our English Domain engaged our students with Slam Poetry sessions, led by poet-in-residence Emilie Zoey Baker, and a visit by author Demet Divaroren. Year 10 students completed their Premier League matches with great spirit. And we raised the issue of gender equality with students in recognition of International Women's Day on 8 March. The importance of a gender equal boardroom, a gender equal government, gender equal media coverage, gender equal workplaces, gender equal sports coverage, more gender equality in health and wealth was discussed with students and all were encouraged to adopt the theme of #EachForEqual.

In challenging times, let's endeavour to be people faith and optimism, always respectful of one another and the vulnerable among us.

PRAYER



God of infinite love,
As we journey through Lent, let us
remember what you have given us
and in doing so be filled with thanks.
As a sign of this thanks, guide us along
the right path to help us become better
people. You ask each of us to love one
another as you love us, but this is not
always easy to do. Sometimes it
challenges us because we cannot see
past the evils that others do to us.
Help us to see that what you ask of us
is what we need to do. We need to let
go of our pride and be humble in how
we give, and in asking forgiveness of
others.
Help us to be less absorbed in our own
needs and be full of your desire
through the way we reach out to
others as your instrument of love.
I ask this through your crucified son,
Jesus, who stands at my side today
and always.
Amen

IMPORTANT DATES

17 March	Year 9 Reflection Day
27 March	Term 1 Ends
29 March	P&F Bunnings BBQ
15 April	Students Commence Term 2
17 April	P&F Meeting

FAITH MATTERS

Moira Mullan - Director of Faith & Mission

Lenten Reflection 2



In the last Newsletter reflection, you read how Lent is leading us to the pinnacle time in our liturgical calendar. Drawing upon parallels with our world to that of the life of Jesus.

His temptation in the desert reminds us about how we are tempted by issues that prevail in our secular world. We came to understand that this is a time when we reflect upon our humanness and our mortality. In the first reading we see the start of a great journey where the people set out to find the promised land. The people had

faith that God would look after them as they journeyed to places unknown. In the Gospel reading for the second week of Lent, Jesus appeared with Moses and Elijah. Along with Jesus, these figures from the Old Testament travelled up mountains and experienced suffering and glory in their leadership of the people of God. Peter thought he had a great idea and talked about building tents to glorify what he had seen. However, God spoke to the disciples who were present, asking them to listen to what Jesus had to say. Jesus spoke about his suffering, death and resurrection. They had to hear his Good News that was announced in the transfiguration of crippled bodies and minds into a whole and healed humanity, in the transfiguration of sinners through forgiveness and in the transfiguration of bread and wine into his body and blood. It was only after they witnessed Jesus' body broken on another hill, that they learned to believe in the transfiguration that brought him from the tomb to the glorified One.

Just as Jesus touched and raised his disciples from their fear there is relevance in the readings for us. As disciples of Jesus we too are called to trust in him so that we too are raised up from our fears and united to him. In Lent, it is our prayers, fasting and almsgiving that will help us transform into the likeness of Jesus as we journey towards the celebration of his Easter glory. In the readings for the second Sunday of Lent we are offered support to remain people of faith. We learn that our ancestors in faith also needed support as Abraham goes forth supported by God, Timothy supported by Paul and Jesus supported by Moses and Elijah. Just as the people wandering in the desert had faith in God, we too are on a spiritual journey.

As we travel through life, we are asked to do good deeds to help us mature in our faith. Lent is the time we are asked to reflect upon our spiritual life to see how we are faring. Has progress been made, and can we confidently say that we are growing spiritually? Spiritual growth is optional for everyone. It is God's invitation and support at this time that we are asked to heed as a means to enhance who we are and what we are doing to prepare for our death. Lent is the time we are called to support each other. We need to look beyond self so that we are not blinded from seeing that others need help. We need to reflect upon how we are crippled by our own selfishness and make changes to enable us to reach out to others in servitude of their needs. This is our penance, our acts that give glory to God.

Alter Server Training

Our College seminarian Don Pena commenced last week and has been working on an Altar Servers program to help our students know what to do during the different parts of the Mass.

We are looking for interested students, both male and female at all levels and across all Homebases to participate in this program.

If you are interested in your child participating, please email Mrs Moira Mullan at: mmullan@crcnk.vic.edu.au so that contact can be made with you once details about times of the training are set.



HELP WANTED - SKILLED SEWERS

Throughout the year our students take part in a number of Faith filled activities. To enhance the experience for participating students and their audiences, I am seeking help with making costumes.

Costume hire or purchase is far too expensive, therefore, I am seeking the help of parents, guardians and friends who are competent sewers and are willing to help us out.

If you are able to help please contact Mrs Moira Mullan by either telephoning, coming in for a chat or emailing me your details to: mmullan@crcnk.vic.edu.au

Your support is gratefully appreciated.



STUDENT WELLBEING

John Coshan - Deputy Principal, Student Wellbeing

Safety at the College When Dropping Off/Picking Up Students

In recent times there has been growing concern about the number of parents dropping off and picking up students in No Standing Zones, in the driveway of the College and with some parents driving in and parking in the area in front of the College Office.

There have been a number of 'near-misses' for both students crossing the road and for staff members vehicles entering the College. As such, I ask for your co-operation with the following:

- That you abide by the NO PARKING ZONES near the College. Please familiarise yourselves with the restrictions and park accordingly when dropping off your child.
- You do not pull up or park in the driveway of the College to drop off your child. This is unsafe, and may result in a parking fine being issued.
- Dropping off at the start of the day or picking up students at the end of the day from the Front Office should only occur if arrangements have been made with the College. Permission will be granted for exceptional circumstances i.e. a medical condition.

Some suggestions to assist with improving the safety of students at the College include parents picking-up/dropping-off their child/ren away from the College, e.g. at Taylors Lakes Shopping Centre or surrounding streets to the College.

From a safety point we also ask that students do not congregate around the front gates of the College at any time as this is a busy area with a high safety risk.

Contact has been made with Brimbank Council to seek their assistance in monitoring the traffic concerns and the parking challenges, and have asked them to look for safer options for students who have to cross Santa Monica Drive in order to get to school.

Council have indicated that Parking Officers will patrol, and hold accountable any drivers that choose to ignore parking restrictions. Fines will be issued to those in breach.

I ask that you take a personal responsibility when parking, to ensure the safety of our students and staff.



WHAT HAVE OUR STUDENTS BEEN UP TO?

YEAR 9 AUDEAMUS

Moira Mullan and the Audeamus Team

The Audeamus program is definitely up and running with all Year 9 students experiencing their first city experience.

Students met their teachers at Watergarden Station before heading to the city to explore the surrounds of the MCG and to view and identify Melbourne landmarks, both new and old from Eureka Tower. We could not have asked for better weather to help set the scene for the Semester.

The first thing that students needed to overcome was the start time, gathering at 8.15am to ensure we were ready to train it into the city. Becoming familiar with using a MYKI card, travelling safely on public transport and getting from one place to another all had their challenges for some students while others quickly adjusted to the requirements associated with moving around from one place to another.

It was pleasing to see most students enthusiastic about what they were expected to do and how they worked effectively as a team. For other students there is a need to think about how they can maximise the opportunities given to them and invest in their learning. Whilst some started apprehensively, as they settled into the day, they gained confidence and keen to do well, asked pertinent questions and really settled in to doing their best with the set tasks. A really positive start for most of our students and others need to step up a little to show what they are capable of doing.

Congratulations to our students and staff for a successful start to our Audeamus program. Everyone was pleased to return to Watergardens Station as everyone was a little weary at the end of the day.

With the postponement of the athletics sports, students in Group A have had a day at school. Components of this day allowed students to investigate indigenous issues and to think about how we could improve in this area. Information showed that respect should underpin how we interact with others. Considering the change to the day, students were really positive and cooperative.



WHAT HAVE OUR STUDENTS BEEN UP TO?

F1 IN SCHOOLS STEM CHALLENGE

Aiden, Ethan, Lucas and Alayna - Year 7

We are a part of the F1 in Schools Program, in this program we design, create and race our own F1 car. Our team is called '**Flower Power**,' and our slogan is '**Ready Set Grow**'. We are a Year 7 team consisting of Aiden, Ethan, Lucas and Alayna.

For us to achieve success, part of this program requires us to seek sponsorship either financial or information. Here are our Sponsorship levels:

- Rose - \$500
- Tulip - \$200
- Orchid - \$100
- Daisy - \$50
- Dandelion - \$25

If you are willing to sponsor us, we will put your name on all marketing items, T-shirts, Trade Booth, Posters, Car and on any correspondence we send out.

We are also looking for sponsors who can assist us with information that will assist our team to be successful. It might be information on car design, graphic design, painting, car finishing or marketing.

If you are a sponsor, we will constantly keep you informed of the team's progress and members of the team are prepared to do a presentation for your company.

We will also invite you to the State final held later in the year. If you are interested in helping our team, please send us an email to: f1.powerflower@gmail.com. or to our Teacher, Mr Frank Bieshaar at: fbieshaar@crcnk.vic.edu.au

Your support for our team will really be appreciated.

Lucas.A
Marketing Manager



Find out more about the F1 in Schools STEM Challenge at:
www.f1inschools.com

THE LEARNING CENTRE

Year 8 Poetry Workshops

For the past few days, we have been working with EZB, who is an award-winning poet and a spoken-word performer. She has come to our school, to work with us to help us create our slam poems. We are delighted to have her teach us her different thoughts and ideas about making these great poems. We cannot wait till all the hard work is done, to finally perform these pieces of art. Kyle.Z, 8M



Year 7 Peg Dolls



WHAT HAVE OUR STUDENTS BEEN UP TO?

YEAR 10 PREMIER LEAGUE

Keith Whaley - Head of Sport

Term 1 has seen Year 10 compete in SACCSS Premier League. Unfortunately our teams did not make the finals despite some great wins and tight games. On Thursday 5 March CRCNK travelled to compete against Emmanuel College. Emmanuel proved to be tough opponents but our Boys' Volleyball team had an impressive 3 sets to 0 win while the Girls' netball team were unlucky to lose by 2 points after leading late in the game.

Thursday 12 March saw CRCNK compete against MacKillop College in the last Home and Away Round. The Boys' Volleyball Team impressed in a thrilling 5 set game going to Match Point in a loss to MacKillop. The Boys Soccer Team played well with their game resulting in a 1 nil loss to MacKillop.

Congratulations to all our players and thank you to the staff who coached and travelled with the teams each week.



YEAR 10 SAILING



YEAR 9 MEDIA



YEAR 10 ACADEMIC TESTING



CRC Sydenham have introduced a **compulsory academic testing program for all enrolled students**. The purpose of the testing is to provide a detailed academic profile on each individual student. This information will assist CRC Sydenham in providing targeted pathways counseling and course selection advice.

The testing will be conducted by Academic Assessment Services at **Catholic Regional College Sydenham**. The details are as follows:

- **Date: Saturday 18 April 2020**
- Venue: CRC Sydenham- College Hall
- Time: **8.30am – 12.30pm**. Please ensure students are picked up promptly at 12.30pm
- Bring: Black or blue pen and a scientific calculator not a CAS calculator. A snack and drink for recess.
- Uniform: Full **College uniform including Blazer**

Completion of testing is a requirement of enrolment. Catholic Regional College Sydenham will cover the \$80 fee for this compulsory testing on Saturday 18 April. Any student who is unable to attend on this the day will be required to sit the testing at another time (date to be advised) with the cost being borne by the family. Catholic Regional College Sydenham has paid for all those enrolled to date.

The results of the testing will not determine acceptance or non acceptance of enrolment. The testing data is to provide information and to enable CRC Sydenham to work with each individual to plan their course for a successful Year 11 and Year 12.

Parents must notify Gina Zumbo by telephone on 9361 0004, or email enrolments@crcsydenham.net **before** Friday 27 March if their child:

- Is unable to attend
- Has a hearing impairment
- Has a sight impairment
- Has a physical disability
- Requires special access to the venue
- Has special medical condition/s eg: anaphylaxis

Please contact Jamie Mason, Assistant Principal – Learning & Teaching at CRC Sydenham on 9361 0000 if you have any questions, or require further information regarding the compulsory testing program.

PARENTS & FRIENDS REPORT

Tania Gusman - President

The CRCNK Parents & Friends AGM, and first meeting for 2020 took place at the College on Tuesday 3 March. It was great to welcome back old members and to see lots of new faces in attendance. Elections were held on the evening to select the P&F Executive for 2020. Congratulations to:

- Tania Gusman – President
- Natalie Camilleri – Vice President
- Melissa Denkel – Secretary
- Caroline Murphy – Treasurer

Term 1 Events

Easter Hamper Raffle

Tickets for the annual Easter Raffle have been sent home. Thank you to all families who have purchased tickets and returned money. Thank you also to those who have made donations of items for Easter Hampers. The Raffle Draw will take place at lunch time on Monday 23 March.



Bunnings BBQ

A fundraising BBQ will be held at Bunnings Taylors Lakes on Saturday 29 March. Please respond via CareMoney if you are able to volunteer a few hours of your time to assist on the day. For those unable to volunteer, donations of goods towards the BBQ are very much appreciated. Whilst an abundance of sauce has been donated we are still seeking donations of soft drink/water slabs, cleaning products (paper towel, spray and wipe, chux cloths) or Woolworths/Coles gift cards to use for the purchase of bread and onions. Thank you to all who have made donations so far.

Second Hand Uniform Sale

A successful second hand uniform sale was held on Wednesday 11 March. The P&F received a fabulous response to the call out for uniform with many donations received. A team of volunteers worked on the evening sorting and labeling uniform items ready for sale. Thank you to all who assisted and to those parents who purchased uniform items.

NEWSLETTER

Catholic Regional College North Keilor

FROM THE FINANCE OFFICE

Viet Le - Finance

All families should by now have submitted a completed School Fee Payment Agreement Form indicating how their preferred method and frequency for payment of school fees.

A reminder that a \$100 discount per child from Tuition Fees will apply if the account is settled in full by the end of Term 1, Friday 27 March.

If a parent/guardian holds a current Health Care or Pensioner Concession Card please ensure that you submit a Camps, Sports and Excursions Fund (CSEF) form if you have not already done so. The College will receive a payment of \$225 per child for eligible families. This amount will be deducted from the Tuition Fee account. Forms must be submitted to the Office and staff must sight and copy the Concession Card.

For any queries regarding fee statements or payment arrangements please contact the Finance Office via email at: accounts@crcnk.vic.edu.au

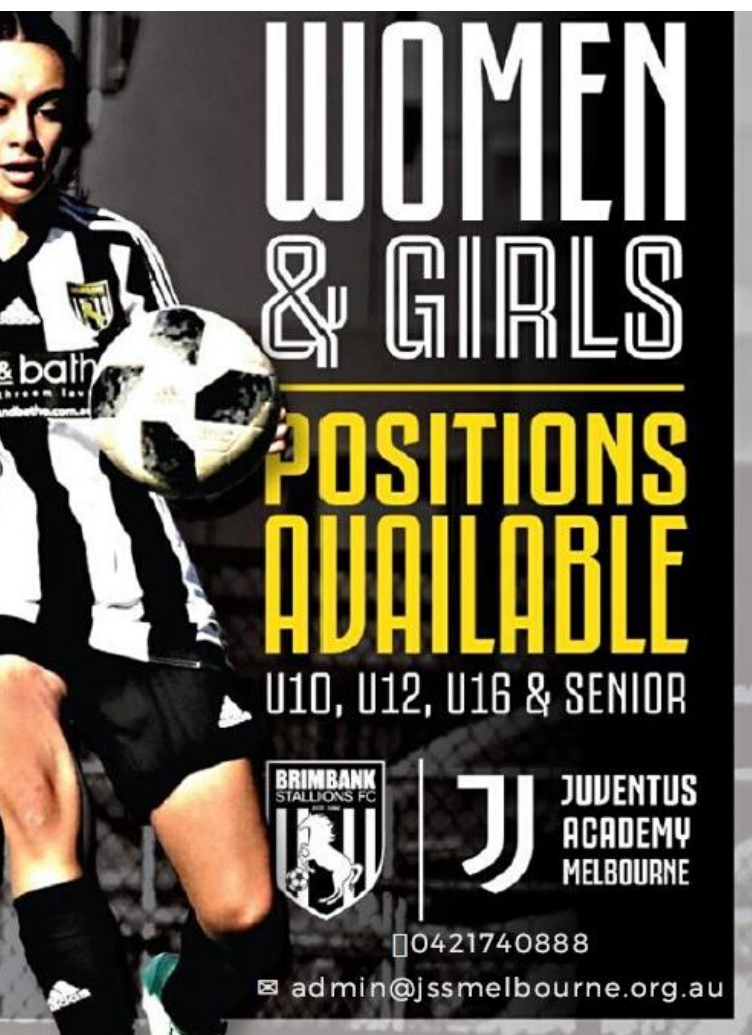
VOLUNTEERS *Needed*

FOR CRCNK CANTEEN

Do you have a few hours spare each week, fortnight, month or term?
The CRCNK Canteen is seeking volunteers.

Please contact:

Samantha Beg, Community Liaison Officer
Phone 9361 5904 or email sbeg@crcnk.vic.edu.au
if you are interested in helping out.



**WOMEN
& GIRLS**

**POSITIONS
AVAILABLE**

U10, U12, U16 & SENIOR

BRIMBANK STALLIONS FC

JUVENTUS ACADEMY MELBOURNE

0421740888

admin@jssmelbourne.org.au

Thought about
learning the
guitar?
Well now is
your chance!

\$16
Per lesson,
invoiced per
term!

GUITAR LESSONS

Lessons are
conducted
on a rotating
time to
minimise
disruption to
classes.

**LIMITED SPACES
AVAILABLE!
GET IN WHILE
YOU CAN!**

**PLEASE CONTACT:
MR. NICHOLSON**

cnicholson@crnorthkeilor.vic.edu.au

or

LUKE JULIEN
0413 245 416
julien4@dado.com.au

NEWSLETTER

Catholic Regional College North Keilor



A shout out to Year 9 Students Gabrielle.T, Kristie.S, Alessia.T and Sienna.M who took to the stage of the MCG recently to dance with Katy Perry. Well done girls!



Year 9 Biology - Dissection



Student Leadership Training



JHM MUSIC LESSON ENROLMENT FORM

PLEASE WRITE YOUR DETAILS CLEARLY

I would like (Student Name).....

Year.....to receive music lessons.

Mobile Number

Email.....

Parent name.....Signature.....



PLEASE TICK

DRUM KIT ☐

SINGING AND PERFORMANCE ☐

PIANO/KEYBOARD ☐

Instrumental Group Lesson 3 students (weekly) \$32.50. for 50 mins (incl Gst)

Please RETURN THIS FORM to the FRONT OFFICE
You MUST also ENROL ONLINE on this WEBSITE at

jamhotmusic.com.au

{Please read Terms and Conditions of Enrolment on our Website}

All enquiries please contact
JASON STONEHOUSE 0419 872 875
email jamhotmusic@hotmail.com

JAM HOT MUSIC SCHOOL INFORMATION

JHM students are taught a wide range of music styles like pop, rock, funk and jazz.

Students also learn some music theory and history. Learning to play an instrument or sing and dance has multiple benefits. Students develop left and right brain coordination, physical coordination, melody training, focus, performance skills, confidence, musicality and creativity.

The Students music skills are showcased in 1 Music Performance Concert held every year.

JHM teachers help students to learn and express themselves, by being inspired and having fun.

Each student learns on their own instrument for the entire lesson.

Please go to website jamhotmusic.com.au for more information.

JAM HOT MUSIC HISTORY

- Jam Hot Music was established in 1998 by Jason Stonehouse and Michelle Jaystone Together they are Musical Directors, Professional Drummer, Drum Teacher, Professional Singer and Singing and Dance Teacher.
- JHM was created to build self-confidence, grow resilience and make dreams come true for those who wished to learn music. It was also created to provide jobs for Musicians who wished to teach and needed an opportunity create this dream.
- The Jam Hot Music Program is a fantastic initiative that creates jobs for musicians while giving children a positive musical adventure.
- Jam Hot Music provides highly successful Music Programs in Catholic, Government and Private Schools and has been for over 15 Years.
- Jam Hot Music Staff have working with children checks. JHM Teachers are provided with ongoing training and support to ensure high quality music programs for students.
- JHM Staff have current and past performance experience in the music industry and this experience greatly benefits the students.
- JHM Staff have toured for over 20 years with Artists such as Ian Moss, Dale Ryder, Scott Carne, Kate Ceberano, Isaiah Firebrace, X Factor Artists and the Voice Artists.
- They are resident musicians at Hilton South Warf, MCG, Grand Hyatt and Crown Casino and perform on the National and International music circuit.

TESTIMONIALS

“Jason and Michelle are very highly regarded and sought after Professional Musicians in the Australian and International Music Industry! They are wonderful teachers and mentors who have special gift of being able to inspire and educate all ages to learn music. Some JHM students continue on their journey by becoming professional musicians and teachers. The Jam Hot Music Program is a fantastic initiative that creates jobs for musicians while giving children a positive musical adventure. It is a fabulous opportunity for any Australian Primary School to embrace! Jason, Michelle and their JHM staff are always very attentive and responsive to the needs and requirements of the students and staff.”

Peter Luscombe Drummer for Paul Kelly and ROCKWIZ TV SHOW Drum teacher

“The Jam Hot Music Programs are unique and wonderful assets and extensions to the Music Program in our school. The confidence and performance levels reached by our young students are fantastic.” ***Rob Rostolis Principal of DCE Diamond Creek***

“Jam Hot Music lessons have flourished in this school. The JHM teachers create an exciting and supportive atmosphere for the students as they perform in Jam Hot Music Concerts. The parents, staff and students thoroughly enjoy watching the astounding progression and skills of each child.”

Chris Ray Principal of OLHC Eltham

INSIGHTS

Respectfully breaking the masculinity strait jacket



There's nothing so mindless as a mob, which was abundantly clear last year when a group of boys from a Melbourne school were filmed making a misogynist chant on a crowded tram.

While it's easy to blame the mob for such behaviour it shows that out dated ideas about masculinity persist. There's still a lot of work to be done to teach boys to respect women and treat them as equals.

Calling out the bro' code

The tendency for boys to bond tightly is dual-edged sword. On the one hand, a tight set of mates provides a boy with a sense of safety, security and belonging. On the other hand, the bonds between young males can propel a boy to act in ways that are reckless, amoral and just plain stupid.

It takes a brave boy to go against the crowd and call out this bro' code. Doubly so when he has to stand up and call out the sexist behaviour of his friends. Calling out your mates' sexist comments, like calling out violent acts, is the quickest road to ostracism and being branded a loser, loner or loathsome by the mob.

Respectful attitudes take courage

It takes courage and real leadership to swim on your own against the tide, particularly when the mob is swimming the other way. Courage, leadership and respectful behaviour are part of the ongoing conversations about respectful behaviours that adults need to have with boys from the early primary school years.

Respectful attitudes requires eldership

Men have major role to play in helping boys develop healthy values and attitudes that they can take into their adult lives. Men's lifestyles and beliefs become touchstones for adolescent boys who are searching for legitimate pathways to adulthood.

Boys need to see genuine reactions of outrage and disgust by the men in their lives to sleazy, inappropriate behaviours toward women displayed by some current high profile celebrities so they see that misogyny and disrespect plays no part in decent masculinity. Similarly, they need to see men calling out inappropriate remarks made toward women in the workplace, in the community and at home.

Respectful attitudes are forged through rites of passage

One of the great opportunities we have as a culture is the reintroduction of healthy rites of passage from boyhood (and girlhood) into manhood (and womanhood). It is through adult-initiated rites of passage that boys leave behind the vestiges of boyhood, taking on the mantle of manhood and the responsibilities that go with being a man.

Respectful behaviours between boys and girls are now part of school curricula in all schools. They also need to be reinforced, and indeed lived, by parents and other community members for lasting change to occur.



Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's an award-winning speaker and the author of 12 books for parents including *Spoonfed Generation*, and the bestselling *Why First Borns Rule the World and Last Borns Want to Change It*. Michael is a former teacher with 15 years experience, and has 30 years experience in parenting education. He also holds a Master of Educational Studies from Monash University specialising in parenting education.